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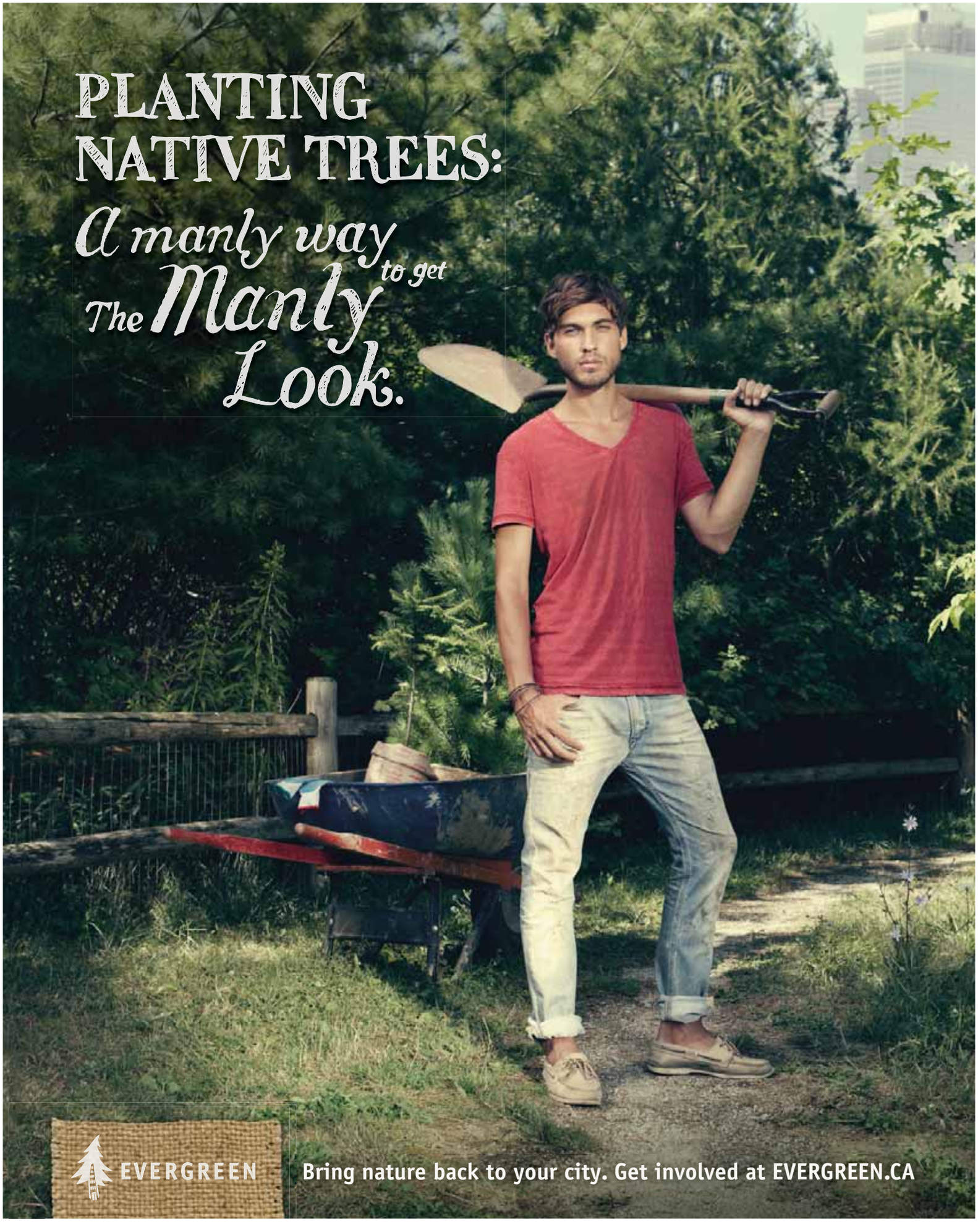
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Sinkhole repairs to cost $4.9M

A surprise. Contractor inside sewer, hours before collapse, saw no signs of imminent failure, according to infrastructure boss

ALEX BOUTILIER
alex.boutilier@metronews.ca

Repairing the damage caused by a collapsed storm sewer pipe on Highway 174 is expected to cost almost $5 million.

Ottawa's manager of infrastructure services, Wayne Newell, told councillors Wednesday the repairs will cost almost three times as much as relining the pipe prior to the collapse.

"The key is tracking the costs," Newell told reporters, adding the city had authority to spend the money under emergency provisions.

"While the cost is highly important for taxpayers, the most important issue right now is to ensure we get the road open as quickly as possible," said Mayor Jim Watson.

The collapsed pipe was slated for imminent repairs when it collapsed on Sept. 4. In fact, according to Newell, a contractor for the city had been inside the pipe earlier in the day.

Newell said the contractor did not see anything that would indicate a "service failure" — in this case, a complete collapse.

While repairs continue near the Jeanne D'Arc off ramp, city staff are investigating why the pipe collapsed, creating a sinkhole that swallowed Juan Pedro Unger's car later that day.

City manager Kent Kirkpatrick said he will be commissioning an independent investigation into the matter. That report, which will include a high-level overview of similar infrastructure in Ottawa, is expected in about three months.

Repairs are expected to continue throughout the weekend, with all eastbound lanes scheduled to re-open for Monday.

"We really need to see how we progress over the next couple of days to see whether it's going to be Sunday morning, Monday morning or Saturday morning," Newell said.

"But even with that projection ... there's a number of things in the construction business that can cause delays."

Open to traffic

One eastbound lane on Highway 174 and one transit-only lane will open from 3 p.m. to 8 p.m. daily as repairs continue.

A front-end loader drives past sections of concrete culvert near Highway 174 Wednesday, where repair work continues on the broken storm sewer pipe that caused a car-swallowing sinkhole to appear in the middle of the highway last week. JOE LOFARO/METRO

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Council cuts citizen-led committees

City hall. Mayor Jim Watson portrays move as a "renewal" for committee structure

ALEX BOUTILIER
alex.boutilier@metronews.ca

Ottawa city council voted to trim citizen-led advisory committees from 15 to five Wednesday, despite complaints the move will give the city less access to specialized advice

"My concern is that when we go to an approach with our advisory committees that is either 50/50 councillors, general public experts, sometimes even more top-heavy ... we won't have left a lot of seats for people who are going to bring us that outside, technical experience," said Capital Ward Coun. David Chernushenko.

Chernushenko said he was particularly concerned about replacing expert advice on the built heritage advisory committee, which will now include four politicians and three citizens. "It's quite a particular skill," he said.

New committees

- Accessibility advisory committee
- Arts, culture, heritage and recreation advisory committee
- Community services advisory committee
- Environmental stewardship advisory committee
- French language services advisory committee

But Mayor Jim Watson, who advocated for what he called a "renewal" of the committee structure, said it was time for a change.

"We need to constantly adapt to the changing world around us. That is one of the true weaknesses of what is in place today," Watson wrote in a Sept. 10 letter to the Federation of Citizen Associations about the revamp.

Watson referenced new consultation methods such as social media and e-mail as a viable substitute for some committee work.

Picnic chic: Harvest Noir hits the road

Fans of formal wear and outdoor eating geared up for Harvest Noir, Ottawa's newest event combining both interests, with a fashion shoot featuring vintage bikes outside the National Gallery Wednesday evening. The "fashion mob" was one in a series of flash mobs leading up to the Sept. 30 event, said Harvest Noir co-organizer Greg Searle. "It's a little taste of what to expect. Ottawa didn't have a chic picnic like a lot of other international cities." See harvestnoir.com. GRAHAM LANKTREE/METRO

July 26 holdup

Police seek 2nd robbery suspect

Police are hunting a second gas station bandit after their first suspect in the July 26 holdup on Prince of Wales Drive turned himself in.

Police say two men went into the station. While one bought something, the other pulled a pistol and demanded money. The men fled with cash to a waiting white four-door sedan.

Randy Outaon-Ntenda-Languy, 19, of Ottawa turned himself in on Sept. 10. He has been charged with robbery with a firearm and conspiracy to commit an indictable offence. Police want help identifying a second man wearing a white hoodie.

Anyone with information is asked to contact the robbery unit at 613-236-1222 ext. 5116 or Crime Stoppers at 613-233-8477 (TIPS). Outaon-Ntenda-Languy is in custody and will appear in court on Sept. 14. METRO

Police released this security video image of suspects in a July 26 robbery. POLICE HANDOUT

Eric Leighton

Parents demand inquest into shop class fatality

The parents of Eric Leighton, a student killed last May in an explosion in a shop class at Mother Theresa High School, are calling for a coroner's inquest into the death of their son.

Patrick and Sheri Leighton will hold a news conference in Toronto, Thursday, with Nepean-Carleton MPP Lisa MacLeod. The Ottawa Catholic District School Board was fined $275,000 last month for violations to the Occupational Health and Safety Act. METRO

Eric Leighton CONTRIBUTED

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Ex-Mountie. Girl's injuries point to sexual abuse, trial hears

Kevin Gregson POLICE HANDOUT

Doctors who examined a 10-year-old girl who says she was raped by former Mountie Kevin Gregson testified Wednesday they saw injuries that would have suggested recent, sexual abuse, even if the girl had never said anything.

Dr. Sarah Reid specializes in cases of suspected child abuse at the Children's Hospital of Eastern Ontario (CHEO). In her testimony, she said she observed "upsetting" injuries, and "blunt, penetrating trauma."

She said she saw cuts on the posterior and interior of the girl's genitals and fresh blood.

"In my mind, they were suspicious of sexual abuse," Reid said when she was cross-examined by defence counsel Craig Fleming.

Dr. Anna Karwowska, another doctor at CHEO who was involved in the examination, called the injuries "severe."

Her findings suggested the girl's injuries were recent, likely within "hours to days."

She said the injuries alone would suggest sexual abuse.

Fleming argued the injuries could mean an object could have been inserted by the girl or someone else. Karwowska said it was possible.

The Crown is not expected to call any more witnesses. Defence counsel will let the court know Thursday if Gregson wishes to testify. JOE LOFARO/METRO

City hall. Frustrated wildlife groups slam new policy, quit work group

A protester dressed as a beaver holds a sign outside city hall during a demonstration last spring. GRAHAM LANKTREE/METRO

Two wildlife groups working to help draft a new wildlife policy for the city suddenly quit the working group drawing up the document Wednesday.

"It seems the community organizations were simply used as window dressing and that staff had never any intention of implementing real changes," Liz White, a spokesperson for the Ontario Wildlife Coalition (OWC), said of the group's decision to quit the wildlife strategy working group.

Along with the OWC the Ottawa-Carleton Wildlife Centre also quit the group, citing embarrassment over continuing policies of shooting moose, trapping and killing beavers and coyotes, and gassing groundhogs. City council passed a motion in 2010 to review the policy and met seven times during development of the strategy, said Nick Stow, a senior planner with the city who was working on the policy. GRAHAM LANKTREE/METRO

A woman and a man shield their faces as they make their way into the Iranian embassy in Ottawa on Friday. Canada has closed its embassy in Iran and is expelling all remaining Iranian diplomats in Ottawa. FRED CHARTRAND/THE CANADIAN PRESS

Iranian views mixed on expulsion of diplomats

Embassy closure. Some say closure will end spying, but for others, fear of being targeted by regime endures

GRAHAM LANKTREE
graham.lanktree@metronews.ca

Immigrants and refugees from Iran shared mixed feelings about the departure of the regime's last diplomats as embassy workers packed their bags to leave Ottawa.

"It won't be positive, but will make things worse for the people in Iran," said Farid Partovi, an Iranian activist and refugee who came to Canada in the 1980s.

Fearing for his life, Partovi said he narrowly escaped the Iranian regime more than 20 years ago, fleeing through the Pakistani border by camel, on foot and by hitching rides.

"Right now we're in a situation of threats of war from Israel and it's a serious concern," he said. "We think (Stephen) Harper is looking for regime change from the top and supports military intervention. The moment the whole debate over nuclear energy ends, the talk about human rights won't factor in."

The embassy closure, which was announced by Foreign Affairs Minister John Baird last Friday, won't have much impact on the Iranian community in Canada, Partovi said.

"In the short term, it will create anxiety. But the Iranian government has been involved in gathering information about activists here, and there are so many different ways they can continue their spying."

The legacy of fear will continue, said another man who immigrated to Canada in 2008 and asked to remain anonymous to protect his family in Iran.

"Most Iranians are afraid of each other," he said. "What's happening in the Iranian community is that some people are affiliated with the government. If someone does an interview with journalists the regime finds their family and brings them to jail."

His biggest worry, he said, was for Iranian students in Canada. "They cannot prove that they're studying here. After 10 months of embassy closure in the U.K., Iranian students have problems with their approval to study there."

Dubious

"I think its going to contribute to militarization of the region and threats of war."
Farid Partovi, Iranian activist and refugee

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EQAO. Ottawa students' test scores outperform province: Report

When it comes to math and reading skills, elementary and Grade 9 students in Ottawa are performing above provincial averages, according to a report on 2011-12 test results.

In August, a separate report showed Ontario students lagging in math as only 20 percent of students, on a provincewide basis, improved from Grade 3 to meet the standard in Grade 6, down from 28 per cent in 2011.

Those numbers have been on the decline provincially for the last five years, but both Ottawa's public and Catholic school boards saw their numbers go up in the 2011-12 Education Quality and Accountability Office report.

The Ottawa Catholic District School Board has 74 per cent of its Grade 3 math students performing at or above the provincial standard, with the OCDSB seeing its same students bump up to 70 per cent. Grade 6 students with both boards posted math results that jumped four to six per cent. Grade 9 students in applied math courses increased their scores by five per cent over the past year.

GRAHAM LANKTREE/METRO

Quoted

"Our focus on instructional strategies (is) clearly helping a great number of students achieve at a high level."

Jennifer Adams, director of education for the Ottawa-Carleton District School Board

Elementary schools. Anti-strike law sparks 'McGuinty Mondays'

Ottawa elementary school teachers are being told to "take a break" on Mondays, said Peter Giuliani, president of the Ottawa-Carleton Elementary Teachers' Federation.

"Many teachers go in an hour and half early and stay an hour and a half late," Giuliani added. "We're telling them not to come in so early … for many, many teachers it's going to be a shortened work day."

The Elementary Teachers Federation of Ontario is calling their protest day "McGuinty Mondays" after Premier Dalton McGuinty who imposed the Putting Students First Act, a controversial new contract on thousands of teachers, on Tuesday.

Giuliani also said that the protest will extend beyond McGuinty Mondays.

The union is urging elementary school teachers to make a list of all the extracurricular activities they participate in and the meetings they normally attend and cutback if they can.

"Essentially it's a volunteer community service," Giuliani said. "We're saying to actually think about it … ask yourself: What do I want to do this year?"

JESSICA BEDDAOUI/FOR METRO

Vote result

82-15

The Putting Students First Act was passed in the Ontario legislature by a vote of 82-15. The act freezes teachers' wages, ends banked sick days, and stops strikes and lockouts for at least two years.

Himalayan climb to heighten awareness

The wounded and ill. Canadian Forces veterans shedding light on the plight of injured soldiers by ascending Island Peak

JESSICA BEDDAOUI
ottawa@metronews.ca

When Ottawa police Const. Karl Keenan decided to climb Island Peak for charity, he made it a priority to run the idea by his four-month-old son, Michael.

"I asked him for his permission and he just smiled at me," Keenan said with a laugh.

On Oct. 7, Keenan and 11 former Canadian Forces members will head to eastern Nepal and attempt to climb Island Peak, a 20,305-foot-high mountain in the Himalayas near Mount Everest.

His goal is to create awareness about the daily struggles of wounded or ill Canadian soldiers and to raise money for them and their families.

Keenan, 36, joined the military police in 2005 and was eventually deployed to Afghanistan.

Quoted

"There's an old military saying: If you're not deployable, you're not employable. If you get your legs blown off or are severely injured, what then? It's a huge stress."

Karl Keenan

"I know myself and a lot of the guys on my small team, we always thought, 'OK what if we get hurt? What are you going to do after the military?'" Keenan said.

After four and a half years as a military officer, Keenan returned home and joined the Ottawa police.

"I feel like I got really lucky. I went to Afghanistan and I came out relatively unharmed," Keenan said.

He knows other soldiers aren't so lucky.

Keenan wants to raise $5,000, which will be donated to the True Patriot Love Foundation for Support of Military Families.

Donations can be made at canadahelps.org.

True Patriot Love

Connecting civilians and soldiers

True Patriot Love is a national foundation that supports and honours members of the Canadian military and their families. The foundation intends to create a strong relationship between civilians and soldiers and create awareness about the sacrifices soldiers and their families have made.

Since its inception, True Patriot Love has donated $1 million to the Military Families Fund, $70,000 to send military children to camp while a parent is deployed and $100,000 to send injured Canadian soldiers and their family members to the Paralympics.

Ottawa police Const. Karl Keenan shows off his mountain climbing skills in this undated photo. A veteran of Afghanistan, Keenan is planning a fundraising climb in Nepal to raise money for wounded Canadian Forces veterans. CONTRIBUTED

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My hands feel the sting

of the cold as I take my skis off the roof rack in an empty parking lot on a cold February morning. I mutter to myself, under my quite visible breath, "Why do I do this?"

I carry my gear into the patrol shack to see who else was foolhardy enough to show up this early. The old guys are getting their gear on. The young guys are slow moving and sleepy eyed, but are getting ready too. This year's recruits are fully dressed and bouncing around impatiently, waiting for the day to start. They remind me of myself a few years ago. The bottom line is, my friends are here, and I'm going to spend this day skiing with them. Maybe that's why I do it.

Twenty minutes before the hill opens to the public, we make our way past the line up of so called "die-hard" skiers waiting for the lifts to open, and load up, four by four to do our opening check. I've got my assignment for the morning; my team lead has me digging our toboggans out from under 20cm of fresh snow, and she's got me opening my favorite gladed run. I'm keeping the skiing public safe by cutting fresh lines through untracked snow, with the hill to myself. Maybe that's why I do it.

Nine thirty rolls around, and I meet up with a few other patrollers for a hot chocolate, and a greasy breakfast. We catch up on the week, and consume some tasty calories to keep warm up. Maybe that's why I do it.

Back on the hill, the radio crackles: one of my colleagues is treating a skier with a broken leg. I'm the closest, so I grab the toboggan and head for the scene. Within minutes, we have our patient warm and secure, and en route to hospital, bagged and tagged as we say. Despite the broken bone, our patient left in good comfort and good spirits. Maybe that's why I do it.

A few more tasks, a few more incidents... a downhill race to provide first-aid services for, a run to close due to hazardous conditions, a lost child to reunite with a parent, tracking down some kids skiing out of bounds. The usual, really, and then it's time to close the hill. I've got my closing assignment: turn over out toboggans in case we get any more snow, and sweep a mellow cruiser run to make sure no skier gets left behind. I'm alone at the top of the hill, the lift has stopped, the crowds are gone, and everything is quiet. One more run. Maybe that's why I do it.

I arrive back at the clinic to take my ski gear off. We're getting out of your yellow-and-blues and into our civvies, and the patrol leader is giving us a quick debrief of the day's events. We've all been through some tough work today, and we've all had some good fun, but we've done it all together, as a team, and as friends. We check into the main lodge for a little après ski. Maybe that's why I do it.

The next day, my hands feel the sting of the cold as I take my skis off the roof rack in an empty parking lot on a cold February morning. I mutter to myself, under my quite visible breath, "Why do I do this?"

– Ryan Falls

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U.S. sends marines to Libya after ambassador, staff killed by mob

Tripoli. Storming of consulate on 9-11 anniversary linked to anti-Muslim video, while U.S. investigates whether this was a terrorist attack

Egyptian protesters burn a U.S. flag and chant anti-U.S. slogans during a demonstration in front of the U.S. Embassy in Cairo on Wednesday as part of widespread anger across the Muslim world about a film ridiculing Islam's Prophet Muhammad. NASSER NASSER/THE ASSOCIATED PRESS

The U.S. dispatched an elite group of marines to Tripoli on Wednesday following a mob attack that killed the U.S. ambassador to Libya and three other Americans. U.S. officials are investigating whether the violence was a backlash to an anti-Islamic video with ties to Coptic Christians, or a plot to coincide with the anniversary of the 9-11 attacks.

Tuesday's stunning attack on the American Consulate in Benghazi poses a daunting task for U.S. and Libyan investigators: searching for the culprits in a city rife with heavy weapons, multiple militias, armed Islamist groups and little police control.

The one-story villa that serves as the consulate was a burned-out wreck after the crowd armed with machine-guns and rocket-propelled grenades rampaged through it. Slogans of "God is great" and "Muhammad is God's Prophet" were scrawled across its scorched walls. Libyan civilians strolled freely in charred rooms with furniture and papers strewn everywhere.

U.S. President Barack Obama vowed in a Rose Garden address that the U.S. would "work with the Libyan government to bring to justice" those who killed Ambassador Chris Stevens, information manager Sean Smith and two other Americans who were not identified. Three other Americans were wounded.

Stevens was the first U.S. ambassador killed in the line of duty in 30 years.

"We reject all efforts to denigrate the religious beliefs of others, but there is absolutely no justification for this type of senseless violence. None," said Obama, who also ordered increased security at U.S. diplomatic posts abroad.

Republican Mitt Romney accused the Obama administration of showing weakness in the consulate killings, but the president retorted that his rival "seems to have a tendency to shoot first and aim later." Some in the Republican Party called Romney's remarks hasty.

The mob attack on Tuesday — the 11th anniversary of the Sept. 11, terrorist strike in the U.S. — was initially presumed to have been a spontaneous act triggered by outrage over a movie called "Innocence of Muslims" that mocked Islam's Prophet Muhammad that was produced in the U.S. and excerpted on YouTube. The amateurish video also drew protests in Cairo, where angry ultraconservatives climbed the U.S. Embassy's walls, tore down an American flag and replaced it with an Islamic banner.

But a U.S. counterterrorism official said the Benghazi violence was "too co-ordinated or professional" to be spontaneous. The official spoke on condition of anonymity because he was not authorized to discuss the incident publicly.

The FBI was sending evidence teams to Libya, a law enforcement official said.

Libya's new leadership — scrambling to preserve ties with Washington after U.S. help to overthrow former dictator Moammar Gadhafi — vowed to find those behind the attack. THE ASSOCIATED PRESS

Quoted

"Canada strongly condemns and deeply regrets yesterday's senseless attack on the U.S. consulate in Benghazi, Libya.... We also urge Libyan officials to ensure the extremists responsible are brought to swift justice."

Canadian Foreign Affairs Minister John Baird, who said Canada is reviewing the security situation at its embassy in Tripoli in the wake of the killing of American diplomats in Libya

Pseudonyms

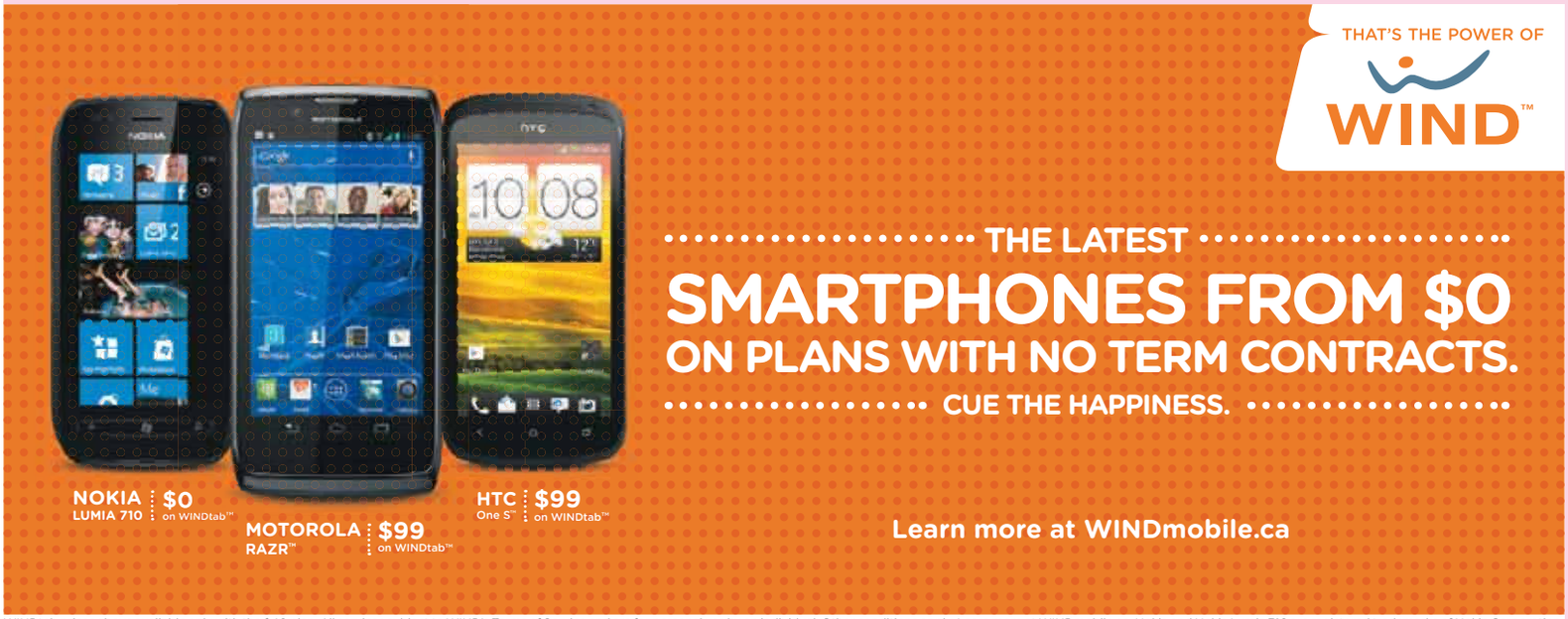
Man confirms role in anti-Islam film amid mystery

The search for those behind the provocative, anti-Muslim film that triggered mobs in Egypt and Libya led Wednesday to a California Coptic Christian convicted of financial crimes who acknowledged his role in managing and providing logistics for the production.

Nakoula Basseley Nakoula, 55, told The Associated Press that he was the manager for the company that produced Innocence of Muslims, which mocked Muslims and was implicated in inflaming mobs in Egypt and Libya.

Nakoula denied he directed the film and said he knew the self-described filmmaker, Sam Bacile. But the cellphone number that AP contacted Tuesday to reach the filmmaker who identified himself as Sam Bacile traced to the same address near Los Angeles where AP found Nakoula. Federal court papers said Nakoula's aliases included Nicola Bacily, Erwin Salameh and others.

THE ASSOCIATED PRESS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They fought the law, and the law won?

Pussy Riot. Jail term for punk rockers may soon end, as case comes up for appeal and Russia's Prime Minister calls for their release

Russian Prime Minister Dmitry Medvedev on Wednesday called for three members of the punk band Pussy Riot to be freed, a sign that the women's release could be imminent since their case comes up for appeal on Oct. 1.

The band members were arrested for performing a raucous prayer inside Moscow's main cathedral asking Virgin Mary to save Russia from Vladimir Putin as he headed into the election that handed him a third term as president. They had already spent more than five months in jail when they were convicted in August of "hooliganism driven by religious hatred" and sentenced to two years in prison.

By being the one to call for the women's release, Medvedev, who has cultivated the image of a more liberal leader, could allow Putin to put the uncomfortable case behind him while not appearing weak.

The outward appearance of the women, who perform in bright-colored miniskirts and balaclavas, and the "hysteria" accompanying them made him sick, Medvedev said with disdain. But he said keeping them in prison any longer would be "unproductive."

"In my view, a suspended sentence would be sufficient, taking into account the time they have already spent in custody," he said during a televised meeting with members of his United Russia party in the city of Penza.

The band members' imprisonment has come to symbolize Putin's intensifying crackdown on dissent after his return to the presidency. Their cause has been taken up by celebrities and musicians, including Madonna and Paul McCartney, and protests have been held around the world.

THE ASSOCIATED PRESS

Quoted

"[This is] yet another blow to the court system and citizens' trust in it."

Former Finance Minister Alexei Kudrin, who remains close to Putin.
The court verdict drew strong criticism even from some Kremlin loyalists.

Russian Prime Minister Dmitry Medvedev RIA-NOVOSTI/THE ASSOCIATED PRESS

New Delhi

Plastic bag ban takes effect

The government of India's capital is hoping that a strict ban on plastic bags will help the environment. An engineer with Delhi's government says that starting next week, the manufacture and sale of all types of plastic sheets and bags will be banned in the city, citing their environmental dangers. B.M.S Reddy said Wednesday that the ban will include shopping bags, garbage bags and all kinds of plastic film and storage packets. Only plastic bags required for medical waste will be exempt.

In 2009, Delhi banned the use of plastic shopping bags, but authorities have had little success enforcing the ban.

Plastic bags also pose a risk to the thousands of cows that roam the city and end up swallowing them while foraging for food in Delhi's open garbage dumps.

THE ASSOCIATED PRESS

Royal rundown

Prince William looks at a copy of the 1953 newspaper issue of the coronation of his grandmother Queen Elizabeth during his visit to Strathmore Green in Singapore Wednesday.

NICOLAS ASFOURI/THE ASSOCIATED PRESS

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Match-fixing: Why no crackdown?

Time to act. A year has passed, but soccer bosses have done little. They say they're waiting for FIFA to guide them

BEN RYCROFT
ottawa@metronews.ca

The Canadian Soccer League has done little since learning over a year ago that European match-fixers are in Canada actively seeking to manipulate games in the CSL.

The league, which has teams in Ontario and Quebec, and the Canadian Soccer Association (CSA) are waiting on FIFA for guidance on how to respond.

In the meantime, convicted, confessed match-fixers have been caught on tape talking about purchasing a local Canadian team.

In a documentary that aired on CBC's The National last night, CSL commissioner Vincent Ursini said the league is aware of the problem and is waiting on FIFA.

Since I brought CBC this story more than a year ago — with the help of their investigative team — the story has grown into one that has spanned three countries and two continents.

Importantly, it would include pages of German police wiretaps and court documents.

Those documents were flush with conversations between Ante Sapina, Marijo Cvrtak and Chris Budimir — German-based match-fixers — talking about how they could manipulate games in the Canadian Soccer League.

And once they had actually done it, the tapes caught their overwhelming glee at their prospects.

"If we don't become rich here, then I don't know where we could become rich," Budimir told Cvrtak, the CBC reported.

Meanwhile, their conversations extended further, even looking at what it would take to buy a team and arguing at how fast they should go about doing that.

According to the wiretaps, Budimir reported back to Cvrtak in 2009 that players make less than $500 a month and a club in the CSL could be bought for $150,000.

According to Budimir, buying was a three-year process. Cvrtak wanted to know if it could be done in one.

"They are all amateurs.... Nobody knows that they have teams there like here," Budimir told Cvrtak on the wiretap.

"One can start a team there with $150,000 and play in the first league right away."

Full stop.

Now that this information is public, there are calls for the CSA to conduct an investigation into who is financing teams in the CSL.

If it's going to continue to sanction the league, a full investigation by the CSA into who is financing teams in the CSL is immediately warranted. For now, the CSL has yet to file an official complaint with the local police and RCMP.

More evidence

Even before the documentary had aired last night, three current CSL players had reached out to share what they know about match-fixing in the league.

- They each told similar tales of being approached with offers of bribes to fix games. Metro will continue to follow the story.
- If you have any information you would like to share with Metro on matchfixing in Canadian soccer, please contact letters@metronews.ca.

Toronto Croatia's Tomislav Ples nearly gets a boot from Dragan Cosic of the Serbian White Eagles as the two teams tied 0-0 in the second championship game at Esther Shiner Stadium in North Toronto in 2007. A German court heard evidence last year that a game involving Toronto Croatia was fixed in 2007. STEVE RUSSELL/TORONTO STAR

Wiretap evidence

$20,000 bribe paid off

According to the CBC, the wiretaps detail how one of the fixers — a man by the name of Zivko Budimir — arranged a fix in 2009.

He paid CSL all-star Antonio Zupan $20,000, which he shared with four teammates on Toronto Croatia.

In exchange for accepting the bribe, Zupan and Toronto Croatia ensured they would lose by at least two goals to the Trois-Rivières Attak on Sept. 12, 2009.

Zupan, who missed a crucial penalty in the game, was successful: The final result was 4-1 in the Attak's favour.

The fixers had wagered $143,000 on a combination of bets that included that game.

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Sheraton Music City — incl $501 base + $128 taxes & fees
INCLUDES central accom. Departs Nov 1/ggv/dl.
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New York Air + 3 Nights 4-Star $668
Andaz Wall Street — incl $549 base + $119 taxes & fees
INCLUDES Manhattan accom. Departs Nov 16/ggv/ac.
ADD Central Park movie sites tour for $25.

Chicago Air + 3 Nights $679
Essex Inn — incl $554 base + $125 taxes & fees
INCLUDES accom overlooking Lake Michigan. Departs Oct 31/ggv/aa. UPGRADE to 4-star Westin Michigan Avenue for $66 per night.

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Obama's new love for beer taps into male voters bank

Losing the suds war?
Due to his Mormon faith, rival Romney doesn't drink alcohol

U.S. President Barack Obama sips his beer as he watches Team USA during an Olympic men's exhibition basketball game in July in Washington. THE ASSOCIATED PRESS FILE

Is Barack Obama's sudden fondness for chugging beer beginning to pay off?

A spate of new polls released this week suggests the president is gaining popularity among male voters, closing the gap on Mitt Romney's longtime advantage with white, working-class men.

Three of the surveys even have Obama inching past his Republican rival for the White House among male voters — a trend that could spell doom for Romney if it continues, since most opinion polls suggest Obama has an edge with female voters.

Obama, a Harvard-educated lawyer long suspected of enjoying a barrel-aged chardonnay more than a glass of stout, has been doing his part to downplay his elitist, intellectual image to appeal to working-class men.

In August, he bought a round of Bud Lights for supporters at the Iowa State Fair, swiftly transforming the usual chants of "Four More Years!" into a chorus of "Four More Beers!"

He makes frequent mention of the White House micro-brewery he's started. The White House recently made public Obama's honey ale and honey lager recipes, complete with a video of the commander-in-chief helping with the brewing process.

He's also made a point of stopping at pubs and ale houses while on the campaign trail, ordering up icy mugs of beer as the cameras snap him mid-quaff.

The well-heeled Romney, too, has been battling perceptions he's an out-of-touch elitist as he attempts to maintain his popularity among working-class men. Yet Romney's mingling with the common man doesn't quite have the same cachet in beer-loving America as Obama's does.

THE CANADIAN PRESS

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South Korean farmers protest foreign beef

South Korean farmers wearing cow outfits perform during an anti-government rally in Seoul on Wednesday demanding that the South Korean government take measures to deal with the loss of the country's farming industry, caused by South Korean-U.S. Free Trade Agreement (FTA) and import of foreign beef. The lettering reads "Tear of Korea cow." LEE JIN-MAN/THE ASSOCIATED PRESS

Flood victims

North Korea refuses aid from South Korea: Seoul

North Korea rejected South Korea's offer of food and medical supplies to help flood victims Wednesday, Seoul said.

After Pyongyang asked what aid items the South could send, Seoul on Tuesday proposed providing 10,000 tonnes of flour, three million packages of ramen noodles and medical supplies.

On Wednesday, North Korea's Red Cross sent a message expressing its dissatisfaction with the assistance offered and saying it doesn't need "such aid," Seoul's Unification Ministry said in a statement.

Ties between the divided Koreas remain strained following two deadly attacks blamed on North Korea that killed 50 South Koreans in 2010. THE ASSOCIATED PRESS

Is N. Korea changing?

Economy. Observers increasingly convinced market reform is on the horizon, similar to China's 30 years ago

Deep in the North Korean countryside, in remote villages that outsiders seldom reach, farmers are now said to be given nearly one-third of their harvests to sell at market prices.

Collective farms are reportedly being reorganized into something closer to family farms. State propagandists are expounding the glories of change under the country's new young leader.

In the rigidly planned economy of this Stalinist state, could this be the first flicker of reform? A string of long-doubtful observers have become increasingly convinced that economic change is afoot, akin to China's first flirtations with market reforms 30 years ago. But, they also warn, exactly what is happening remains a mystery.

No outsiders are known to have been to the villages, in Ryanggang province, since the new policies reportedly went into effect. No outsiders have seen the details of the June 28 government order — "On the Establishing of a New Economic Management System in Our Own Style" — that supposedly launched the program. Other reported reforms, from shifts in investment laws to new industrial profit-sharing regulations, are even more opaque.

Still, there are undeniable signs that the world's most closed-off society may be toying with change, from a carefully scripted campaign to soften the image of the country's young leader, Kim Jong Un, to the apparent purging of a hardline general and a series of often-cryptic official statements hinting that Pyongyang is serious about liberalizing its economy.

If the latest reform reports are true, they would almost certainly be driven in part by China. Beijing has long pressed Pyongyang to enact reforms similar to its own first steps toward a market economy.

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North Korean farmers work in a field along

DAVID GUTTENFELDER/THE ASSOCIATED PRESS

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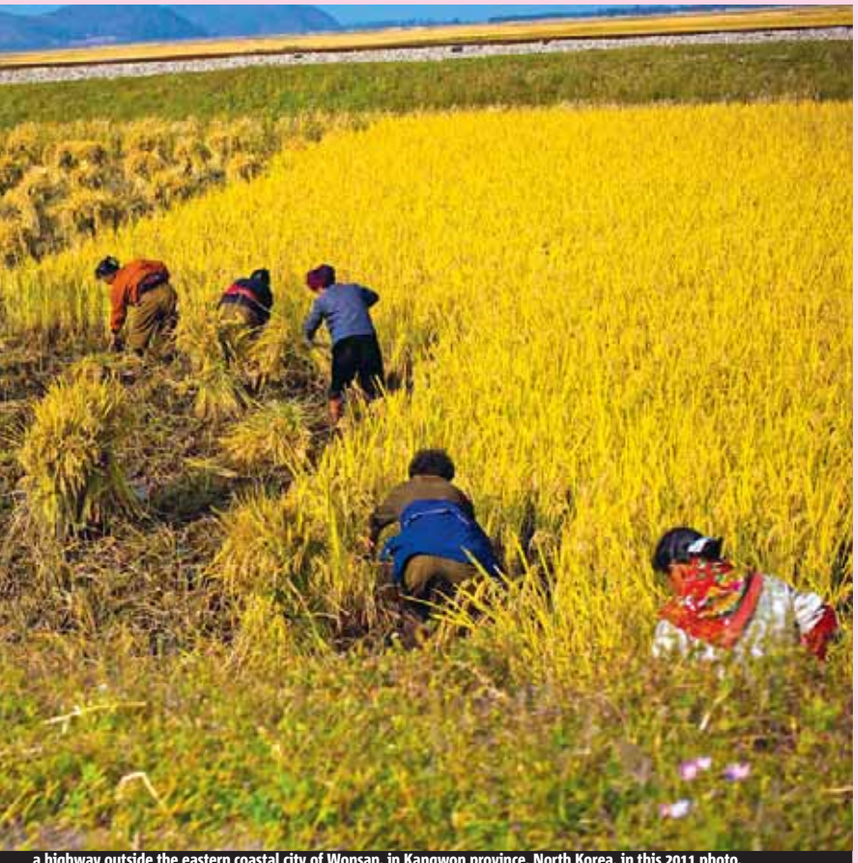

a highway outside the eastern coastal city of Wonsan, in Kangwon province, North Korea, in this 2011 photo.

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Ethnic identity. Rachel lets you speak your mind

When the Bank of Canada removed an image of a female scientist billed as Asian-looking from its new $100 banknotes, Rachel Décoste took to the Internet.

She decided to start a cross-country dialogue on what it means when someone identifies as Canadian.

"One of the things that the national narrative of Canada negates most of the time are the struggles, the daily struggles, that exist for people who are not 'neutrally' ethnic," Décoste said.

In late August, she launched Neutralethnicity.com, calling on Canadians to share their stories about belonging and identity.

Stories, poems and essays from Nova Scotia to Vancouver, have started to trickle into Décoste's inbox.

Stories from Canadians like Abubakar Kasim, who wrote about his experience dealing with a frustrated traveller at Toronto's Pearson International Airport as a customer service agent.

The woman angrily said to him: "Can I speak to someone from this country, please?"

SUZANNE MA/METRO IN VANCOUVER

Stem cell discovery

Humans help gerbils hear

Deaf gerbils have been helped — by humans.

British researchers say they've restored the gerbils' ability to hear using implanted human embryonic stem cells.

And they call it a first step in potentially overcoming some causes of hearing loss in people.

THE CANADIAN PRESS

Feds commit $11.4M

Mentally ill troops get boost

Ottawa is boosting funding for treatment of mentally ill military personnel and veterans.

Defence Minister Peter MacKay says his department will spend $11.4 million to hire psychiatrists, psychologists, mental-health nurses and addictions counsellors.

THE CANADIAN PRESS

New rap for Tori's killer: She beat up fellow inmate

Terri-Lynne McClintic is escorted into court in handcuffs in Kitchener, Ont., on Wednesday. GEOFF ROBINS/THE CANADIAN PRESS

No remorse. In an intercepted jail letter, McClintic boasts of repeated kicks and 'stompin' on her face'

The woman serving a life sentence for the first-degree murder of Tori Stafford has added another conviction to her criminal record.

Terri-Lynne McClintic admits she beat up a fellow inmate — and she regrets not causing worse injuries.

McClintic, 22, was facing a charge of assault causing bodily harm for what the Crown called a "completely unprovoked" attack at Grand Valley Institution for Women, but instead pleaded guilty Wednesday to assault.

Crown attorney Julia Forward told court the victim, Aimee McIntyre, was no longer co-operating with the Crown.

McIntyre was serving a life sentence for first-degree murder in the death of her former lover, though a new trial was recently ordered.

Ontario Court Judge Colin Westman sentenced McClintic to six months on this assault, but noted it doesn't change her life sentence because sentences run concurrently in Canada.

McClintic pleaded guilty in 2010 to the first-degree murder of the eight-year-old girl from Woodstock, Ont.

Former boyfriend Michael Rafferty was convicted earlier this year of first-degree murder, sexual assault causing bodily harm and kidnapping.

Tori was raped and brutally beaten to death.

THE CANADIAN PRESS

Quoted

"One would hope that somehow you can come to some kind of peace. I can't imagine your turmoil you must feel within yourself."

Judge Colin Westman, sentencing McClintic

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Family money dispute?

Cops now have leads in French Alps murders

Investigators are pursuing three leads in the killings of a British-Iraqi couple and two other people in the French Alps, but there are no suspects yet, a prosecutor said Wednesday.

The leads include an alleged family financial dispute.

Meanwhile, relatives of the dead couple called for those responsible to be brought quickly to justice.

Saad Al-Hilli, his wife Iqbal, and an elderly woman were shot dead inside a car, while a French cyclist riding nearby also was killed.

The couple's seven-year-old daughter survived but was badly hurt, while her four-year-old sister was unharmed. All four people killed suffered two bullets to the head among other wounds.

THE ASSOCIATED PRESS

Laced with methanol

Bad booze in Czech Republic kills 19 in region

The Czech Republic announced emergency measures Wednesday to combat a wave of alcohol poisoning, saying that 19 people have died and 24 have been hospitalized after drinking vodka and rum laced with methanol.

Methanol is mainly used for industrial purposes but, since it's cheap and impossible to distinguish from real alcohol, criminals sometimes lace black-market alcohol with it to guarantee high profits.

Prime Minister Petr Necas urged all Czechs to refrain from drinking "any alcohol whose origin is uncertain." Of the 16 people confirmed dead in the Czech Republic, eight lived in the northeast; two others died in Poland and one more in Slovakia.

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Family members mourn the death of a man outside a mortuary in Karachi, Pakistan, Wednesday. FAREED KHAN/THE ASSOCIATED PRESS

283 die in Pakistan fires, victims trapped

Tragic factory fires. Police are searching for the factory managers and placed the owner on a list of people not allowed to leave the country

Fires swept through two clothing factories in Pakistan, leaving 283 people dead — many trapped behind locked doors and barred windows — highlighting the atrocious working conditions in a country where workplaces often lack basic safety equipment and owners bribe officials to ignore the violations.

The twin blazes broke out Tuesday night at a garment factory in the southern port city of Karachi and a shoe manufacturer in Lahore.

THE ASSOCIATED PRESS

No escape routes

"It is a criminal act to lock the emergency exit doors, and we are trying to know who did it, and why," said Roshan Ali Sheikh, a government official.

- The twin blazes broke out Tuesday night at a garment factory in Karachi and a shoe manufacturer in the eastern city of Lahore. At least 258 people died in the fire in Karachi, another 25 perished in Lahore.

Hair cut off

Amish group in attacks thought they were above law: Prosecutor

A breakaway group that carried out hair-cutting attacks against fellow Amish in Ohio thought they were above the law because of their religious belief, a U.S. federal prosecutor said Wednesday during closing arguments of their hate crimes trial.

Sixteen members of the group planned or took part in the attacks last year because of disputes involving their bishop. "These were acts of love," said an attorney Dean Carro, who represents a man who is accused of cutting his father's hair. THE ASSOCIATED PRESS

Video of sleepwalking woman a big hit

A screengrab from the YouTube video of sleepwalking Patricia Foti in action.
YOUTUBE.COM

YouTube. New Jersey man recorded footage of dancing mother

Quick thinking in the dead of night inspired Nicola Foti to capture his mother sleepwalking, dancing and "trying to open the tomato cage."

His video and her reaction had more than eight million views on YouTube by Tuesday.

"That boggles my mind," said Foti from his home in central New Jersey, where he makes a good living running four YouTube channels.

Despite his video career, nothing about this one was planned.

"I went down to the kitchen for some tea, it's completely dark and I hear this rustling. My mom is in the dining area and she's wiggling. She mumbled something. I thought this is going to be too funny, so I took my iPhone out of my pocket and started recording."

The next-day video of his mother, Patricia Foti, reacting to the original sleepwalking video is actually twice as popular, possibly because an embed means you get a twofer.

"One thing I want to make clear is that my mom is not mad about this," said Foti, who is 27 and lives at home.

"My mom ... has the best sense of humour. She is the best sport, not just a good sport."

And neither she nor he have any idea what a tomato cage is supposed to be.

In fact, Patricia Foti went along with her son's next video, The Cinnamon Challenge, to see if they could swallow a tablespoon of the spice. No, is the short answer.

"It sucks all the moisture out of your mouth. It's horrible."

Foti started posting videos on his first channel, Soundly Awake, in 2008, and has been making money from the ad revenue since January 2009. Now, with four channels that have hundreds of thousands of subscribers from all over the world, Foti says he can pay his bills "and go out to eat."

"I just finally paid off my student loans."

TORSTAR NEWS SERVICE

Quoted

"My mom ... has the best sense of humour. She is the best sport, not just a good sport." Nicola Foti

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Market Minute

DOLLAR 102.4¢ (-0.35¢)

TSX 12,232.62 (+12.17)

OIL $97.01 US (-0.16¢)

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Apple iPhone 5 in stores this month

Coming soon.
Lighter, thinner smartphone will be available in North America on Sept. 21

The new iPhone 5 is thinner and lighter than previous versions with a taller screen, and will be in stores in Canada, the U.S. and several other countries on Sept. 21.

The iPhone 5 is the year's most eagerly awaited phone launch. Analysts expect Apple Inc. to sell tens of millions of units before the year is out.

It will come with the capability to connect to the fastest new wireless data networks, both in the U.S. and overseas. That's another feature that was widely expected. Some competing phones have had this ability for a year and a half.

Samsung Electronics Co. has increased the screen size of its flagship phone line every year, which is about 45 per cent larger than the one on the new iPhone. THE ASSOCIATED PRESS

Phil Schiller, Apple's senior vice-president of worldwide marketing, speaks on stage during an introduction of the new iPhone 5 at an Apple event in San Francisco on Wednesday. ERIC RISBERG/THE ASSOCIATED PRESS

New iPhone

A threat to BlackBerry?

The iPhone 5 is also a formidable threat to BlackBerry-maker Research In Motion.

The Waterloo, Ont.-based company — once known as Canada's high-tech heavyweight — has been working to turn around its operations as consumers switched to the iPhone and other smartphones running Google's Android operating system.

The company's future success rides on the unveiling of its BlackBerry 10 operating system, which has suffered two major delays that have pushed its debut into early 2013 — past the holiday shopping season that Apple has squarely in its sights. THE ASSOCIATED PRESS

Internet jokers decided the iPhone 5 could assume any shape, generate French fries and turn water into wine. Go to metronews.ca to read social media's silliest predictions.

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A REMEDY FOR A CASE OF THE MAYOR ROB FORD

HE SAYS...
John Mazerolle
metronews.ca

Whether you suffer from Toronto Mayor Rob Ford or just know someone who does, this guide will help you understand the issue and symptoms of Toronto Mayor Rob Ford and how to talk about it.

In this pamphlet you'll find helpful tips for coping and an explainer for those outside Toronto, many of whom have found themselves asking WTF — Why the Ford Administration?

What is Toronto Mayor Rob Ford?:

Rob Ford spent a decade inside Toronto causing minor outbursts, with observers paying little heed to the symptoms. However, the unexpected bonding with a mayor's chair two years ago has made Toronto Mayor Rob Ford — or TMRF — more powerful than previously expected.

Thanks to a series of TMRF incidents appearing on the national news, Toronto Mayor Rob Ford has crossed over the so-called municipal barrier and has now infected the national consciousness.

It's not unusual for people as far away as Vancouver or St. John's to ask, "Is this for real?" It most definitely is.

Some symptoms include disbelief at what you're hearing, disbelief at what you're seeing, and journalists high-fiving each other at their uncommon good luck.

The end result is a rash of scandals. Don't pick at them.

These itchy scandals come in many varieties:

- Tickling: Ford blamed a plastic-bag ban passed by city council on the public because, he said, "a couple hundred thousand people" should have rallied in opposition.
- Sore: Ford gets angry a lot, including a confrontation where he made a reporter drop his tape recorder on the ground.
- Life-threatening: Ford said he "probably" reads while driving on Toronto's eight-lane highway because he's "busy."

This would be a good place to remind people that TMRF is real.

How did this TMRF happen?:

It's not uncommon for people across the country to ask Torontonians how TMRF came to be.

The first thing for sufferers to know is they have absolutely nothing to be ashamed of. One of the unusual traits of TMRF is that it only causes discomfort in people who don't want it.

To understand, one must look at an X-ray of a Toronto election map, which looks like the inverse of a U.S. election map. The liberal interior — what most outsiders think of when they think about Toronto — fought hard against TMRF, while the suburban edges breathed it deep.

What can be done:

TMRF can drain your energy, hope and drive, but there are options. Ways to eliminate symptoms include:

- Tilting way to the right.
- Plugging your ears and closing your eyes and singing la la la la for the next two years.

Of course, some people are immune or even enjoy TMRF, including journalists, comedians and other people who enjoy a good story.

As for voters who think the country needs more TMRF and would be happy to see it spread everywhere: Please put this down and watch the road.

No cure has been found for Toronto Mayor Rob Ford (TMRF).
NATHAN DENETTE/THE CANADIAN PRESS

Not quite a pot of gold

PAUL GOLDSTEIN/REX FEATURES

Wildlife photography

Not even a double rainbow

It's not a pot of gold or even a double rainbow, but a giraffe that you can find at the end of this rainbow.

This is just one of the countless wondrous sights professional photographer and holiday tour guide Paul Goldstein has witnessed in his adventures in far-flung locations from the Arctic to the plains of the Masai Mara in Kenya.

METRO

Ethics

Giving back after taking away

Goldstein is always keen to give back to the regions he photographs.

"Ethics with photography is massively important. Every penny of every photograph I sell goes to one of two foundations: one in India to a tiger foundation in Madhya Pradesh, and one in the Masai Mara, where I'm co-owner of three safari camps."

METRO

Paul Goldstein CONTRIBUTED

Photog's viewpoint

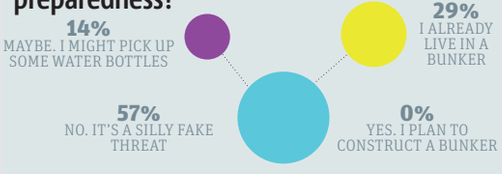
"There's a huge difference between a snapshot and a photograph. A photograph suggests diligence, graft and imagination."

Paul Goldstein, photographer and tour guide for travel company Exodus
"I like to push people so they can get the most from their cameras, without the camera dominating the safari," he says.

Metropolitan Panel

Register at metropolitanpanel.ca and take the quick poll

Has the U.S. government's tongue-in-cheek warning of a zombie apocalypse pressured you into better disaster preparedness?



Twitter

@dproulx_33:
@BizNasty2point0 the only rollback the players should be ok with is one to lower the outrageous ticket prices #NHL #lockout

@RealCammyJordan:
If you are solely blaming Bettman for the lockout, you're stupid. Do u really think the players have the fans best interest? Not a chance.

@silversevensens:
I wish I'd thought of creating a Lockout Doomsday Clock earlier than today. Damn thing's minutes short of midnight...

@RyanSchreider:
If you want to show the @NHL and @NHLPA that fans have the power: When the NHL returns no one buy tickets to every team's 1st home game!

@stephh90:
Wearing my sens shirt praying there isn't a lockout! #nolockout

metro
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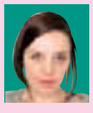
Are you ready for four days of non-stop hip hop? SUPPLIED

House of PainT showcases Canadian hip-hop talent

Growing festival. Event has expanded from a few hundred people in 2003 to several thousand attendees this year



BACKSTAGE PASS
Jen Traplin
ottawa@metronews.ca

The House of PainT festival has come a long way since its inaugural event in 2003, a community celebration of the first legal graffiti wall in Ottawa.

"It was a small affair; just 200 people. My mom made the food, my dad built the stage," says Sabra Ripley, founder and festival director.

"We have taken the festival from being a few hundred people to an expected attendance of several thousand this year."

House of PainT is now a four-day affair representing four disciplines of hip hop — there'll be a b-boy battle, MC showcases, DJs and graffiti writers. Sami Elkout, founder of Ottawa's only street dance studio, The Flavor Factory Urban Dance School, is one of the local b-boys who will be participating in the festival's main event with his dance crew, Breadcrumbs.

Elkout says the group has been training hard and looks forward to duking it out again this year.

"We have a crew huddle before we battle. This gives us a chance to air out what we're thinking and how we want to approach the round. It's good to know the dancers you're getting down with, too. It helps with strategy and who should take which round, song or dancer that comes out," he explains.

Another highlight of the festival this year is the huge concert blowout featuring an almost all-Canadian lineup.

"Ninety-nine per cent of the talent this year is Canadian," boasts Ripley.

"It's a bilingual lineup, which is extremely rare. We've got Radio Radio, a huge act from Quebec, and we're presenting Shad and Maestro."

Also on the bill is Ottawa trio and House of PainT newcomers Flight Distance. The group will be making its first appearance at the festival on its final night.

MC Patrick Jodoin, a.k.a. Patience, is looking forward to sharing the stage with some of the biggest names in Canadian hip hop. "We've known Shad for a few years and have shared the stage with him before. It'll be great to do it again and Maestro's a legend," he says.

Tickets and more information can be found at houseofpaint.ca.

Quoted

"Ninety-nine per cent of the talent this year is Canadian."
Festival founder and director Sabra Ripley

If you go...

House of PainT — Festival of Urban Arts and Culture

- **When.** Thursday through Sunday.
- **Where.** Various venues throughout Ottawa.
- **B-boy Master Class with Nemesis.** $26
- **Grand Slam 500 Poetry Slam.** $11
- **House of PainT Concert featuring Shad, Maestro and more.** $21
- **Turntablism Master Class with Kid Koala.** $16

2 SCENE

On the web

Qrikel

Where did all of MTV's viewers go? Visit metronews.ca/scene or scan this code to find out what the ratings were like for its annual VMA show

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CIBC PHOTOS

EMOTIONAL CONNECTION

CIBC RUN FOR THE CURE STEPS OUT FOR BREAST CANCER

In 1997, CIBC became the title sponsor of the Canadian Breast Cancer Foundation's Run for the Cure. Now in its 21st year, the Canadian Breast Cancer Foundation CIBC Run for the Cure is the largest single-day, volunteer-led fundraiser dedicated to raising breast cancer funds and awareness.

The 2012 CIBC Run for the Cure will take place Sunday, Sept. 30, in 60 communities across Canada.

Karen Ringstead, the B.C. and Northern Territories run champion, will take part in the CIBC Run for the Cure once again, her 18th year of participation. She lists her favourite moment as watching a recent survivor — a CIBC employee — with her whole family being cheered by Team CIBC upon crossing the finish line.

"I don't want to see cancer move into the fourth generation in our family," says Karen, whose great-grandmother, grandmother, great aunt and mother have all battled breast cancer. "I think it's so important to create awareness of early detection, minimizing risk and how we all can make a difference in fighting against breast cancer."

This year, an estimated 23,000 Canadians will be diagnosed with breast cancer. Most people who take part in CIBC Run for the Cure events have been touched by breast cancer in some way; it's an emotional connection that many Canadians have shared.

Last year, close to 170,000 CIBC Run for the Cure participants raised more than $30 million in events held across the country to fund research, education and awareness programs that are making a difference in the lives of Canadians affected by breast cancer.

More than 13,000 CIBC employees and volunteers helped Team CIBC raise more than $3 million through the collection of pledges, fundraising and contributions from the CIBC Pink Collection.

"Our involvement started with a handful of dedicated and passionate employees and has grown into an important part of the fabric of our organization," says Christina Kramer, CIBC's executive vice-president and national run champion.

The events themselves have a festive air about them; teams and other groups of family and friends, some with kids in strollers and others with dogs, will walk or run the route together. Some will wear pink wigs or boas; others will carry pink balloons and banners. White T-shirts will proclaim the slogan, "Who are you running for?

There will be lots of breast cancer survivors walking and running, too. Somewhere near the starting line, participants can post personal messages for loved ones and others on the Wall of Hope.

To find out how you can get involved to help raise funds and awareness, visit runforthecure.com. *– Jane Doucet*

FACTS & FIGURES

- CIBC became the title sponsor of the Canadian Breast Cancer Foundation's Run for the Cure in 1997.
- Now in its 21st year, the Canadian Breast Cancer Foundation CIBC Run for the Cure is the largest single-day, volunteer-led fundraiser dedicated to raising breast cancer funds and awareness.
- In 2011, CIBC Run for the Cure events raised more than $30 million to fund research, education and awareness programs that are making a difference in the lives of Canadians affected by breast cancer.
- Last year, Team CIBC raised $3 million through contributions to the CIBC Pink Collection, fundraising events, and the collection of pledges.

CIBC PHOTO

CONNECTING VIA SOCIAL MEDIA

CIBC is using social media to inspire Canadians to get engaged, share their stories and register for the CIBC Run for the Cure, which is taking place across Canada on Sunday, Sept. 30.

This year, CIBC introduced two innovative social media initiatives to connect with as many people as possible in the Canadian Breast Cancer Foundation's CIBC Run for the Cure.

The first is to create your own video using the CIBC For All My Girls MashApp on Facebook. Here, you can upload your favourite photos and videos of family and friends who have inspired you to take part in the CIBC Run for the Cure.

You can also choose from a selection of music tracks and add captions. Check out the Mashapp on Facebook at CIBC Community Matters, where ET Canada host Cheryl Hickey introduces a how-to video.

The second is making a personal Pinspiration for a Cure board by using Pinterest. You can pin and re-pin inspiring images, videos and content, anything from healthy recipes to workout and training tips.

GIVE THE GIFT OF PINK

Tote bag, $5

Teddy bear, $10

Last year, through the generosity of CIBC clients, employees and the general public, more than $1.9 million was raised through fundraising events and contributions from the CIBC Pink Collection of products, which is available exclusively at CIBC branches across Canada.

The 2012 CIBC Pink Collection features a friendship bracelet for $2, a shoelace lapel pin for $3, a tote bag for $5, a keychain for $6, and a teddy bear for $10.

"CIBC is proud to support the Canadian Breast Cancer Foundation because of the work they do in not only finding a cure but in prevention and early detection as well," says Christina Kramer, CIBC's executive vice-president and the national run champion. "Our CIBC Pink Collection is another way to show our support and raise awareness for such an important cause."

The 2012 CIBC Pink Collection was officially launched at branches across Canada on July 26. CIBC works with suppliers to create products and also takes ideas to its employees for the input.

"The foundation continues to be inspired by CIBC's ongoing commitment to the CIBC Run for the Cure," says Kramer. "The funds raised by the CIBC Pink Collection, in addition to Team CIBC fundraising and volunteer support, is a testament to the tremendous dedication of CIBC's staff and clients toward our vision of creating a future without breast cancer."

It's imperative to the program that the most possible money goes back to the Canadian Breast Cancer Foundation (CBCF). In fact, 100 per cent of net proceeds from the pink products support the CBCF.

CIBC Pink Collection "hangtags" identify the product and the cause; they also show the suggested contribution amount. People usually contribute the suggested amount on the hangtag, if not more.

To view the CIBC Pink Collection, visit cibc.com/cibcpinkcollection or drop by any branch. Quantities are limited and available only while supplies last.

– Jane Doucet

CREATE A FUTURE WITHOUT BREAST CANCER

CIBC PHOTO

In August, CIBC and the Canadian Breast Cancer Foundation (CBCF) issued the Corporate Spirit Challenge to the Canadian business community to enter a team in the 2012 CIBC Run for the Cure runs and walks taking place across the country on Sunday, Sept. 30. Their participation would help raise money to fund research, education and advocacy for breast cancer.

"Team CIBC is passionate about supporting the CBCF's vision of creating a future without breast cancer," says Christina Kramer, CIBC's executive vice-president and national run champion.

"Through the Corporate Spirit Challenge, we invite companies of all sizes across Canada to get involved by registering a team in Run for the Cure events."

Over the years corporate teams have had an enormous impact, raising more than $5 million in 2011 alone to help make a difference in the lives of those with breast cancer and their loved ones.

To recognize corporate participants' dedication and significant contributions, the CIBC Corporate Spirit Award will be presented to the top fundraising team at each CIBC Run for the Cure site across the country on Sept. 30.

A returning corporate team is the Fairmont Royal York in Toronto. "The CIBC Run for the Cure allows us to unite in support of a cause that has impacted our hotel team, their families and our guests," says Heather McCrory, CIBC Run for the Cure team captain and Fairmont Royal York regional vice-president and general manager.

The leadership of the corporate team members, who volunteer their time and who fundraise in support of the breast cancer cause, is truly inspiring.

"The employees who take part in the CIBC Run for the Cure through corporate teams make it possible for the foundation to continue funding the most promising breast cancer research and supporting the breast cancer community across the country," says Sandra Palmaro, CEO of the Canadian Breast Cancer Foundation–Ontario Region.

CIBC is a prime example of corporate stewardship; it became the title sponsor of the CBCF's Run for the Cure in 1997.

"We aim to make a difference in communities through corporate donations, sponsorships and the volunteer spirit of our employees," says Kramer. "We have been very proud to partner with the Canadian Breast Cancer Foundation for so many years as part of our long-term commitment to this important cause."

– Jane Doucet

STUDENTS TAKE UP THE CHALLENGE

CIBC and the Canadian Breast Cancer Foundation (CBCF) have once again issued a challenge to Canada's college and university students to see who can raise the most money for breast cancer research, education and awareness initiatives.

"The goal of the Post Secondary Challenge is to encourage students to participate in a way that is both meaningful and fun," says Christina Kramer, CIBC's executive vice-president and national run champion.

By taking part in the challenge, students are making a difference to a very important cause while also getting a chance to win a concert for their school fundraising team and a CIBC Education Award to help fund their post-secondary education.

Students can register a CIBC Run for the Cure Post Secondary Challenge team and raise funds online. The top 10 student fundraisers and the top student fundraiser in each of the five CBCF regions can win a $2,500 CIBC Education Award. In addition, the top fundraising school team or teams will win a concert by Walk Off the Earth, a five-piece band based in Burlington, Ont.

For more information and full contest details, visit CIBC Student Life on Facebook or runforthecure.com/psc.

Sack the sequels — these original animated films are fresh and unique

Fall film lineup. These children's films will entertain the entire family with their unique approaches and great casting

HEIDI PATALANO
Metro World News

Kid-friendly films are churned out all year, but this season offers some of the most attractive and innovative animated movies that are all, shockingly, not sequels.

Hotel Transylvania opens on Sept. 28. HANDOUT

Finding Nemo, Sept. 14
The modern classic about a timid clownfish in search of his father gets the 3D treatment.

Hotel Transylvania, Sept. 28
The Adam Sandler fraternity that includes Kevin James, David Spade, Jon Lovitz and Andy Samberg gives voice to this animated feature about Dracula's lavish resort for monsters craving a human-free vacation.

Frankenweenie, Oct. 5
Tim Burton rarely fails when it comes to kooky animated features, and this film about a boy's quest to reanimate his dog should be no different. Shockingly, Burton's wife, Helena Bonham Carter, is not in the cast — but Winona Ryder is.

Wreck-It Ralph, Nov. 2
If there's one animated feature Metro is dying to see this season, it's this 8-bit video game adventure. John C. Reilly voices the title character who, growing tired of his villain status, seeks to become a hero but unleashes a deadly enemy in the process. The film is loaded with great comic talents such as Mindy Kaling, Jane Lynch, Jack McBrayer, Sarah Silverman and Horatio Sanz.

Rise of the Guardians, Nov. 21
You can't exactly call it a Shrek knock-off, but this 3D animated film featuring characters like Santa Claus, Jack Frost, the Sandman, the Tooth Fairy and the Easter Bunny — does bear a striking resemblance. Featuring the voice acting of Chris Pine, Alec Baldwin, Jude Law, Hugh Jackman and Isla Fisher, Guardians must be worth its mettle to draw such a strong cast.

Exclusively online

Want more?

- **More.** Visit metronews.ca for more of our fall movie preview, and pick up Metro later this week for more films, including our look at date night fare and comedies.

Need a good reason to get out of the house with the spouse?

Date-night movies. From tween love stories to the more serious, there is something for everyone this fall

HEIDI PATALANO
Metro World News

There's nothing like a movie that examines the nature of relationships to put your own under the microscope, but these selections will make the process less painful.

Quote

Hopefully all your tears will have dried from the demise of Robsten by the time promotion of this film requires that the two actors offer squirm-inducing explanations for their public breakup.

The Perks of Being a Wallflower, Sept. 21 (limited)
Stephen Chbosky's book by the same name has often been considered a modern classic in young adult literature.

Directed by the author, this film also boasts Emma Watson in one of her first post-Potter outing.

Pitch Perfect, Oct. 5
Find yourself having Glee withdrawal? Hollywood will keep you supplied with the high school musical smack that'll keep you going till the next fix. Anna Kendrick, Christopher Mintz-Plasse and Brittany Snow star in this film about an all-girls a-capella group determined to crush their male opponents in a singing competition.

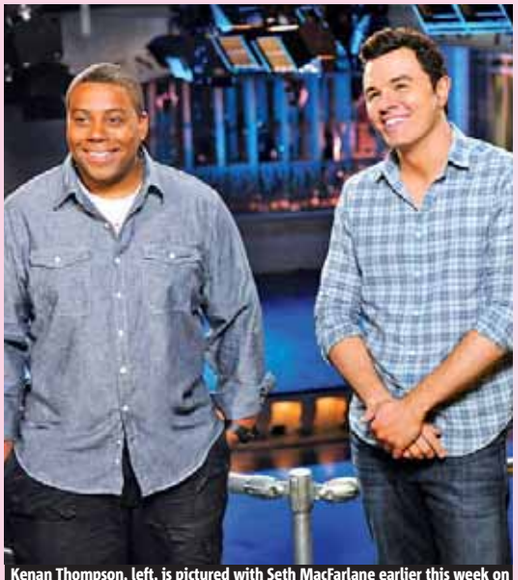
Twilight Saga: Breaking Dawn — Part Two, Nov.16
Hopefully all your tears will have dried from the demise of Robsten by the time promotion of this film requires that the two actors offer squirm-inducing explanations for their public breakup during an excruciating series of interviews. There's not enough ice cream in the world that will make this better.

Silver Linings Playbook, Nov. 21
It's a bit hard to imagine Bradley Cooper as a broken man freshly checked out of the mental institution, but we think he has the chops to convince us.

The Perks of Being a Wallflower opens Sept. 21. HANDOUT

‘It’s the kind of thing you don’t say no to if you’re in comedy’

Comedy. Family Guy creator Seth MacFarlane opens SNL season as guest host



Kenan Thompson, left, is pictured with Seth MacFarlane earlier this week on the set of Saturday Night Live. HANDOUT

You might think Seth MacFarlane has a show-biz bucket list.

By now, he’s checked off ventures like his animated TV shows (led by Family Guy), his recording of show tunes, live performances at Carnegie Hall and this summer’s film comedy, Ted, which he directed, wrote and provided the title character’s voice for. Now MacFarlane will serve as guest host this week for the season premiere of NBC’s Saturday Night Live. Was this just the next gig on his to-do list?

“Not exactly,” MacFarlane said Tuesday. “When things come up, I tackle them if they sound fun. That’s how I decide what to do and what not to do. It’s what sounds like it’s going to be a good time.”

But there’s another reason he was reporting to Studio 8H.

“They asked me,” he explained. “It’s the kind of thing you don’t say no to if you’re in comedy.”

For a multimedia comedy impresario, MacFarlane might not seem ideally suited to SNL, where he is being treated warmly, but not in his customary role as the boss.

“It’s always a nice break to *not* be the guy in charge,” he insisted. And with his edition of SNL being polished off in just a week, the routine should prove a refreshing change, too.

“It’s the complete antithesis of the nine months it takes us to do one episode of an animated series.”

While MacFarlane arrived Monday with a few sketch ideas, “this is a large writing staff that’s well equipped to do what they do,” he pointed out.

Future plans?

- Looking beyond Saturday, MacFarlane said future projects he’d like to do include another film and even maybe an on-camera acting role.
- “We’ll see if this weekend is a disaster or not,” he hedged. “But I do like trying things I haven’t tried before. It kind of gets the blood going.”

“I sat in on a pitch where writers threw out a bunch of one-line sketch ideas, and there were a lot of hilarious ones. There’s no shortage of fresh stuff.”

But along with comedy, will the silver-throated MacFarlane sing a song on the show?

“Possibly,” he said. “But it’s too soon to tell.”

As the series begins its 38th season (Saturday at 11:30 p.m. ET), MacFarlane will be sharing the bill with musical guest Frank Ocean. Meanwhile, cast member Cecily Strong and featured players Aidy Bryant and Tim Robinson will be joining the troupe.

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Third album of exploratory Yeasayer welcomes you to a Fragrant World

Layering sounds. Brooklyn act enjoy task of experimenting while keeping music fresh, interesting

LUKE O'NEIL
scene@metronews.ca

Chris Keating of Yeasayer performs at Los Angeles State Historic Park on September 2. KARL WALTER/GETTY IMAGES

It's not 'world music'

The band, somehow saddled with the "indie world music" moniker, says that was an inside joke that's gotten out of hand.

- **"It's clearly inaccurate," Keating says. "I think some of that is subtle, not intentional, racism. Because we have a guy in the band who happens to have dark skin and an Indian background, people talk about 'that world-music band.'"**
- **A lot of their songs are three different tracks chopped together.**

For an experimental-minded band with an ear for hooks, there's a fine line to walk between pushing new sounds forward and maintaining a larger audience's attention. That's the dichotomy at work in the music of Yeasayer, the Brooklyn band that released its third record, Fragrant World, late last month.

The follow-up to their breakthrough indie hit Odd Blood picks up where that eclectic mix of far-flung rhythms, synths and off-kilter dance beats left off, on songs like Longevity, a churning layer cake of sound that squiggles and glitches, but coalesces into a romantic, multi-tracked harmonized groove "That's the challenge, right? Trying to make some interesting sounds, but have them work in a three-and-a-half to four-minute context," says vocalist Chris Keating.

"Trying to walk that line between experimenting and still have interesting melodies that are accessible, it's part of the fun."

Theirs is a process of stuffing as many tracks into one song as possible, says Keating.

"We'll build up songs until they're sky-high and start to strip away for a lot of it."

He says it's a technique he's long admired in Prince.

"We pile on ideas, then strip away a lot of the middle and lower layers, and leave this floating melody."

Paloma Faith's new album of sad, soulful songs

Fall to Grace. Sad songs say so much; 'a broken heart beats beneath' the tunes on Grace

PAT HEALY
scene@metronews.ca

With tabloids touting headlines like "Pregnant Adele's joy," you might find yourself thinking: "That's great that she's happy, but where am I gonna get my fix of sad songs sung by soulful British women?"

The answer to your checkout-line musing is Paloma Faith's new album, Fall to Grace. With lyrics like "This is agony, but it's still a thrill for me" and "Falling never hurts, but landing does" paired with classic soul song structures and shamelessly contemporary pop production, Grace is your latest soundtrack to heartache.

Faith, a tabloid fixture in her own right in the U.K., even helped Adele's career kick off.

"I just kind of gave her one of her first gigs," she says humbly. "I didn't give her her start. She gave herself her start."

Faith doesn't mind the comparisons: "If it was somebody who wasn't doing quite as well as her, I might feel strange. But honestly, if I could have a tenth of the success that she's had in the U.S. then I'd be smiling forever into my grave."

Smiling into the grave is what Grace is all about.

Songs are hooky and polished, but a broken heart beats beneath.

"There were songs on the record that were produced to sound super hopeful, but when you listen to the lyrics they're sad," she says.

"I wouldn't say it's a tragic record. It's a realistic record."

Back to basics

With such a pop sheen, courtesy of producer Nellee Hooper, it's hard to believe that Paloma Faith will be bringing these songs to small watering holes. "It's very sort of back-to-basics for me," says Faith. "The venues are small, and I can't bring my full setup."

- **But she's not complaining. "The bigger you get with the production, the less you can do with spontaneity," she says. "You've got to plan with the lighting people and plan with the sound engineer what you're going to do, whereas this is more stripped back." In so many ways the small watering hole is appropriate for a soulful album like this.**

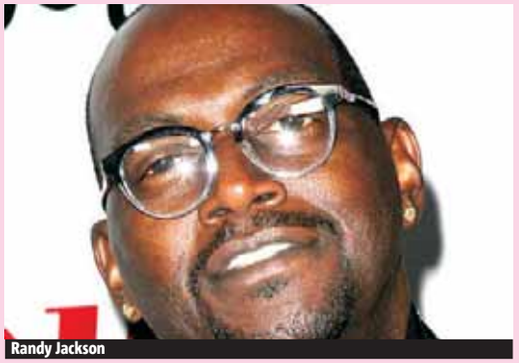
Twins for Sookie

True Blood stars Anna Paquin and Stephen Moyer became parents twice over this week, according to Hollyscoop.

"We can confirm that Anna Paquin and Stephen Moyer recently welcomed their twins into the world," their rep announced.

"The babies were born a few weeks early, but are in good health and both mom and dad are overjoyed." The twins mark the first children for Paquin, while Moyer has two children from a previous marriage.

Randy's back, dawg!



Randy Jackson

It looks like Randy Jackson won't be bounced from the judges' table on American Idol after reports leaked that he is close to signing a deal to keep him in his old spot on the hit reality competition show, according to Deadline.

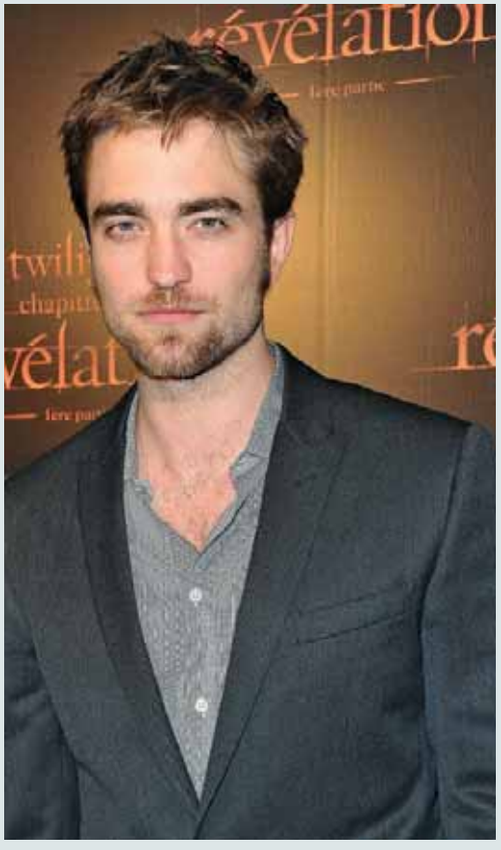
Rumours had circulated that Jackson, the only remaining judge from the original version of the show, would be moved to a "mentor" position for the new season.

But it looks like that's not happening.

METRO DISH

OUR TAKE ON THE WORLD OF CELEBRITIES

The Word



Rob and Kristen back together?

When Kristen Stewart told the Associated Press last week that she and Robert Pattinson would "be fine," maybe she knew more than she was letting on, as sources say the pair are secretly back together, according to Lainey Gossip.

"It was communicated to people during the Toronto International Film Festival that they are (back together) but they're worried about how it might affect (Rob's) career, like whether or not there will be some kind of crazy backlash or something," the source says.

Blake Lively. ALL PHOTOS GETTY IMAGES

No liquor for Lively

With her marriage to Ryan Reynolds last weekend on the books, Blake Lively apparently isn't wasting any time getting their domestic life going.

"I've always wanted a big family. Oh, I'd love 30 kids if I could," Lively says in the latest issue of Allure.

The Gossip Girl star also lives a pretty clean life free of drugs and alcohol — and nightclubs.

"The music is so loud, you can't have a conversation with somebody," she says. "If I were an amazing dancer, yeah, I'd go, but I'm definitely not."

Twitter

@ActuallyNPH
Hi Twitterland. Sorry for my lack of tweets recently. Apparently I have babies and stuff. I'll try harder. xo

@Pink
Holy Sh*t!!! MOM!!!! I got an A!!!! Thanks Entertainment Weekly!!!! My first A outside of study hall!!!!

@Venuseswilliams
Just wanted to send a big thank you to the NYC crowd at my us open this year. I've never felt such love and support, thank you!!!

@GarryShandling
My therapist just told me that I'm better than I was four years ago.

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LIFE 3

On the web

Qriket

Avril Lavigne says after debuting spring line for Abbey Dawn she may make own wedding dress

New York's finest

New York Fashion Week is proving that next spring's style-savvy girl is street-smart, sophisticated and loves her stripes

TINA CHADHA
life@metronews.ca

PETER MICHAEL DILLS/GETTY IMAGES

Marc Jacobs

At Marc Jacobs' Spring show, models done up in severe side partings and smudgy black eyeliner reminiscent of Edie Sedgwick stormed the runway in bold black, maroon and beige stripes. The graphic appeared on shrunken blazers, trapeze jackets and low-slung midi skirts. Unlike the denizens of the Factory though, Jacobs' girl is a careerist. Curvy dresses with scalloped hems, sensible skirt suits with long, lean silhouettes and ruffle collar separates would fit right in at an office but the midriff-baring cropped tops, including a black, full-sleeve version featuring Mickey Mouse, not so much.

Donna Karan

Donna Karan struck gold with her choice of materials for her spring line. Sheer jersey and paper linen molded perfectly to create architectural silhouettes and artful pleats and folds. But the natural, organic feel of the fabrics paired with Karan's use of dusty, cold-dyed colours gave the collection a dreamy tone. This effect of sharp lines and soft shades was meant to evoke "sunrise and sunsets in the city" – you know, those pretty moments when light reflects off skyscrapers. The cool, cropped jackets, worn over empire waist dresses, will be just what a city girl needs when those buildings' air conditioning kicks into gear.

NEILSON BARNARD/GETTY IMAGES

SLAVEN VLASIC/GETTY IMAGES

Tommy Hilfiger

Tommy Hilfiger transported showgoers at the Highline back to the Hamptons for one last Fourth of July-type seaside soiree. With hurricane lanterns hanging over a deck-like runway, models sailed by in bold red, white and blue striped looks. Some read cool (the double-breasted blazers and chunky cardigans) and others too patriotic (a preppy navy jacket over a red, white and blue striped shirt and trousers). The colours then came in zigzags on dresses and one-piece halter swimsuits before winding up on the trim of plain white shifts. Breton stripes were also big (on cotton schoolboy shirts and leather tops), as were chunky cable knit sweaters.

DKNY

For her spring show, titled Reflections of New York Donna Karan aimed to define a girl living the big city dream. She's ambitious: smart workwear separates such as boyfriend blazers and knee-grazing pencil skirts came in leather and colour-blocked, textured linen. She's ready for whatever comes her way: the bodysuit played double-duty as a bathing suit, and models wore fanny packs. She's street smart: sporty mesh and leather detailing, camo prints, fitted black baseball caps and heeled sneakers exuded an urban tone.

PETER MICHAEL DILLS/GETTY IMAGES

NEILSON BARNARD/GETTY IMAGES

Rebecca Taylor

The biography of Beach Boy Brian Wilson transported Rebecca Taylor to one of her favourite vacation haunts: Hawaii. But while her imagination sipped on mai tais, this hard-working woman spent the summer in New York. The two worlds harmonized perfectly in her spring collection: Sunny, hibiscus floral prints came cut in sharp, strong silhouettes, while polished dresses were made tough with studded collars and worn under moto jackets in laid-back, faded denim or poppy turquoise leather. And for post-sunset, a nude, silk studded cocktail number featured cheery ocean blue straps, perhaps to remind you of paradise even when you're stuck in the city.

SHOPPERS DRUG MART
SEE WHAT'S NEW... CHECK OUT OUR LATEST OFFER ON PAGE 27

The Kit

Canadian street style

Spotted in: Vancouver

Sarah

Head of display department for Holt Renfrew

Age: 45

What she's wearing
Claire's necklace, Joie dress, Foley and Corinna bag, Payless shoes

Her inspiration
"Summer nautical. Preppy with a fun twist."

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Bad-ass leather

Get revved up in one of this season's biker jackets.
We wrap up the season's must-have leather, wool and suede-biker styles.

RICHARD PECKETT
life@metronews.ca

Jil Sander's 'Matrix' Man CONTRIBUTED

1

Topman leather biker jacket

$300, topman.com

H&M sleeveless biker jacket

$129, hm.com

3

Zara Peccary biker jacket

$299, zara.com

2

4

Acne Cassidy biker jacket

$1,100, mrporter.com

5

Balenciaga grained biker jacket

$2,841, brownsfashion.com

And for the girls...

Jil Sander's bag for life?

Would you like a Jil Sander Vasari coated paper bag for your shopping? That'll be $275. I guess you won't be recycling this brown bag on a daily basis. The small carrier measures: 26cm / 17cm/ 14cm and is proving a huge hit with Sander fans. Ln-cc.com

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WEDDING PLANNER

Thursday, September 13, 2012

Wear what you want

Wedding fashions. It's your big day, so break the rules, but there are some trends that are hot

KELLY PUTTER
For Metro

Wedding fashions don't change much based on the seasons because no self-respecting bride would let weather get in the way of her grand entrance.

Brocade in summer, chiffon in winter, sandals come fall — the rules of fashion don't apply on the big day when the bride has her heart set on a certain look. So bare your shoulders in February. Go floor-length in July's heat.

That said, there are certain trends and styles that are more popular than others this fall and winter.

Last year's royal wedding of Prince William and Kate Middleton may be to blame for the current hoopla over lace, say Ottawa bridal fashion gurus.

"We've been seeing more simple fabrics for several years and designers are re-introducing lace to their collections and girls love it," says Dominique Levesque, owner of a self-named bridal boutique. "We started getting people asking for lace after the royal wedding so it's probably linked to that."

While strapless gowns are still all the rage, straps and long sleeves are making a comeback thanks to the popular duchess, says David McCaffrey of McCaffrey Haute Couture.

Whatever looks good

"Anything goes. I've done dresses in 100 per cent black. Now people are saying why not wear whatever looks good."

David McCaffrey
of McCaffrey Haute Couture

"We're seeing low backs and the use of colour," says McCaffrey. "Anything goes. I've done dresses in 100 per cent black. Now people are saying why not wear whatever looks good."

Birdcage veils are hot for fall and winter. These retro headpieces consist of a small mesh veil that partially covers the face and an embellishment such as a flower or crystal that is pinned to the back or side of the head.

One concession some brides do make to their fall and winter wedding ensemble is something to keep them warm, says Marley Lewington of David's Bridal in Ottawa.

"Many brides are picking up shrugs and shawls to cover their shoulders so they don't get chilly," says Lewington. "For winter weddings you see satin shawls and bolero jackets."

Prettied up sashes are hugely popular with brides opting for a mid-body focal point on their dresses in rhinestones, big flowers and crystals, says Dana Alexander, co-owner of Ottawa's With Love Bridal Boutique.

Clean, simple palettes are big, as is the perennial favourite, black and white. The beauty of this colour combo, says Alexander, is that bridesmaids can gussy up their black frocks with an ornamental sash that fits the wedding's theme and then wear the same dress sans sash to a completely different function.

Jewel tones of sapphire, aubergine, cobalt blue and ruby red tend to be more popular in fall and winter.

While the trend to vary dress styles or colours within the bridal party is still strong, Levesque is seeing a return to uniformity.

"This year we're seeing people going towards all wearing the same dress because it gives a nice uniform look when going for photos," Levesque says.

Straps are making a comeback with wedding dresses thanks to the dress that Kate Middleton wore during the royal wedding. BARBARA ANN STUDIOS

A deep V-neck fitted gown with French re-embroidered baby Alecon lace overlay, on 100 per cent silk peau de soie bodice. MIVPHOTOGRAPHY

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One of the first three decisions a couple should make for a wedding is what budget you are comfortable with. JUPITERIMAGES/GOODSHOOT/THINKSTOCK

An island wedding could define your style. ISTOCKPHOTO/THINKSTOCK

Define your own style

KELLY PUTTER
For Metro

The biggest day of your life shouldn't be fraught with unrealistic expectations or over-the-top expenses that burn through money you don't have.

But many couples face the altar under that heavy load due to social pressures thanks to media, friends and family.

"Modern weddings are full productions," says Ottawa wedding planner Shannon Kennedy.

"With the recent increase in wedding shows and movies there is an expectation for bridal couples to put on large, detailed, extravagant events."

Don't, if you can't afford to, she warns.

"The first three decisions a couple should make is what budget are we comfortable with?" says Kennedy. "How many people do we want to include and what style of wedding do we want?"

Your budget will determine the number of guests you can invite and, to a certain extent, how elaborate your party will be. If you are looking to put on an ultra-glamorous Hollywood-style affair with a budget of $10,000, you better rewrite that script.

Your guest list need not include everyone you went to grade school with. In fact, says Kennedy, a good rule of thumb is to invite only those you have seen or spoken to in the past six months.

Another misconception worth purging is that you need to invite people whose wedding you were invited to. No need to feel obligated on that count either.

Defining your style can be difficult, but bear in mind that your big day should represent you and your partner. Whether you are into art collecting, outdoor sports, or sci-fi, let your interests guide you to include personal touches that reflect your likes and passions.

Kennedy recalls former clients and hockey nuts that planned their wedding around the original six NHL teams. Groomsmen wore Montreal Canadiens jerseys while the bridesmaids wore red, white and royal blue. The officiant sported a referee jersey and instead of ending the ceremony by announcing the couple could kiss, he dropped a puck so they could shoot it down the aisle.

"What makes weddings beautiful and successful is when personal touches are carried throughout the wedding," she says.

"If you love vintage or purple don't be afraid to incorporate that throughout the event."

Your big day should represent you and your partner.
JUPITERIMAGES/PIXLAND/THINKSTOCK

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Make a vow to save the planet as you say 'I do'

Eco-friendly nuptials. Consider using foods and beverages that are locally sourced

KELLY PUTTER
For Metro

The bridesmaids each have a pretty dress they can gladly wear to future cocktail parties, the couple rides in a hybrid limousine and the napkins at the reception are cloth.

Those are just a few of the things you can do to ensure that your wedding is eco-friendly.

"You don't need to have a royal budget to have a green wedding," says Amanda O'Reilly, a wedding concierge, who owns Weddings InStyle, a one-stop nuptials shop. "If you're really committed, it's really not that difficult to go green."

What wedding guests consume at the reception is where many couples focus their eco-consciousness. Serving organic foods and beverages that are locally sourced is a hot restaurant trend that's spilling into today's wedding industry.

Consider vegetarian options, soups using fall harvest vegetables, free-range proteins or meats and fish that are wild as opposed to farmed. A plated service is greener as it produces far less waste than buffets.

Select organic wines or those made locally and for the teetotalers or children set up a juice bar instead of offering soda pop.

But your marriage can be sustainable from the get-go. O'Reilly recommends choosing vintage or heirloom wedding rings or refashioning grandma's into a design you will love forever.

Your venue is important to note as the less travel involved, the better in terms of your carbon footprint.

Try to minimize travel by having your ceremony and reception in the same spot or close by. If you do need transportation, think of hybrid vehicles, rickshaws or a horse-drawn carriage.

Keep your decor and flowers more natural by bringing elements of the outdoors inside. Use dry grasses, branches, berries, live plants and dried flower arrangements. Avoid scented candles.

Opt for a green gift registry. Request no wrapping paper, donations to a charity of your choice or eco-gifts such as a rain barrel or solar slow cooker.

The sky is the limit when it comes to party favours. Consider seedlings guests can plant, homemade jams and jellies, organic chocolate or a USB key with the wedding's playlist on it.

Once the party is over unload pricier items on recyclebride.com, an online marketplace dedicated to the wedding industry.

Not that difficult

"If you're really committed, it's really not that difficult to go green."
Amanda O'Reilly, a wedding concierge

If you need transportation and thinking about going green for your wedding, try rickshaws. SV PHOTOGRAPHY

A colourful centrepiece made up of sliced oranges in a vase. NEWS CANADA PHOTO

Centrepieces. Make a statement

Extravagant centrepieces can be nice, but aren't necessary. You may have attended a wedding where the centrepiece impaired guests from talking with each other or from seeing what is happening on stage.

Or perhaps it had so many elements that you wondered how the couple could afford them. If you are preparing for your wedding, consider creating centrepieces that reflect who you and your spouse-to-be really are, without breaking the bank.

For the eco-friendly couple
Sticks and stones. Forgo the regular bouquet of flowers and arrange sticks, stones, and beeswax candles to create a calm, organic feel at the table.

For the contemplative couple
Books or DVDs. Select two books, documentaries, or DVDs that you and your spouse-to-be enjoy or that convey a certain message. Wrap the two items in a ribbon and give them away as a prize to guests at each table towards the end of the night.

For the do-gooder couple
Promote your cause. In lieu of centrepieces, make a donation to a charity that you and your spouse-to-be support. Place cards at each table that explain why you support the charity and what the money will provide. Organizations like Christian Children's Fund of Canada (ccfcanada.ca) can give you some ideas on gift items that help impoverished children around the world.

For the "lovey-dovey" couple
Poetry and photos. Showcase your favourite romantic quotes and poems with framed photos from your childhood, teenage years, and adulthood. You can put different photos at every table to get your guests to move around and mingle.

NEWS CANADA

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With nods to nostalgia, exotic motifs and tailored contemporary looks, the fall season in decor has lots to inspire home decorators. A warm palette of garnet, plum, sapphire, olive, chocolate, mustard and cream mixes with soft yet textural fabrics and muted metallics as our focus moves back indoors.

Fall 2012 decor preview

VINTAGE AMERICAN

Apparently, we are all supposed to be making butter and putting up jam this fall; many retailers showed kits with the makings for farm table goodies.

Williams-Sonoma had kits for making cheese and butter, along with pretty wooden moulds.

Expanding their Agrarian line beyond the popular chicken coop, the retailer now has an old-school cider and wine press, and a grain mill, should you feel compelled to try your hand at flour making. There were Mason jars, lengths of colored twine and paper tags for gifting.

West Elm showed several different table garden kits, and even a Mason jar cocktail shaker.

Gingham, potato prints and buffalo checks; rough linen, burlap and cotton homespun textiles; earthy, rustic ceramics; chunky knitted pillow covers and throws; and galvanized-metal storage containers were all part of home retailers' fall previews.

Distressed and salvaged wood furniture and forged iron accessories also are part of this look, so watch for affordable examples if it appeals. Grandin Road has mirrors and wall hooks made of old yardsticks.

Pottery Barn has the Conner collection of reclaimed pine tables with limestone tops, and the Olivia bench with a weathered blue finish.

Here too: candle holders fashioned out of old whiskey barrels and olive oil crates.

Rejuvenation Lighting is reproducing O.C. White's foundry-made task lighting from the late 1800s, in both table and floor lamps. Southern Lights' spare, utilitarian bronze pendants with Edison bulbs are vintage-inspired but have a modern edge, with bright red cording.

PARISIAN PANACHE

Tufted furniture and mirrored, lacquered furnishings evoke the elan of a turn-of-the-century French apartment, or maybe old Hollywood glamour.

Arhaus' curvy Club Apartment sofa fits the bill. West Elm's silvery, glass-covered keepsake boxes do too; you'll find substantially sized, etched, mercury-glass light fixtures here as well.

Bernhardt has the low-profile Lotus coffee table, Balboa media console and Gustav dining table, all in lustrous polished steel.

At BlissLivingHome, you'll find coquettish, gold, antique-lace-trimmed sheets, as well as little pillows made of tufted lavender silk, sequins or saucy black lace mesh.

Faux furs return this winter at many retailers. PB Teen and PB Kids will be stocking cozy faux fur sleeping bags, throws and neck pillows in animal prints.

SUITING STYLE

Menswear fabrics cover many of this fall's upholstered pieces. Crate & Barrel has the Donegal chair in a tweedy plaid, and Tux in houndstooth wool; the Savino ottoman and sectional comes in an Italian suiting stripe. Masters of None offers houndstooth and argyle bamboo bar coasters — indeed, barware in general is a strong trend. Beer making kits, pilsner glasses, bar carts and all the cocktail accouterments were ubiquitous at fall previews in New York.

MID-CENTURY STAYS STRONG

If you haven't bought your '60s-style walnut sideboard yet because you're worried about the longevity of this trend, fret not. Mid-century Modern isn't going anywhere for a while.

Retailers showed a deep commitment to the style, in both furniture and accessories. You can find original and faux versions of many iconic designs, such as the Noguchi amoeba-shaped glass and wood table, Eames' walnut and leather chairs, and Saarinen tulip dining tables, at Allmodern.com and Room and Board.

Furniture maker Porky Hefer of Cape Town, South Africa, has done a great group of turned-wood pendant fixtures modeled after children's spinning tops. The shapes echo those found in mid-century design, and they'd look great hung in multiples over a tailored wool sofa (West Elm).

The hues of the era — olive, almond, chocolate, orange — show up in soft furnishings, including throw pillows and curtains. But they're particularly striking in outsize art glass and ceramics, which you'll see lots of this season.

The Blenko Glass Company, an icon of the '50s and '60s, is partnering with Rejuvenation this fall on a line of retro glass lamps. Pottery Barn has the hefty Clift wine jug table lamps; Crate & Barrel's got a new collection of reactive-finish and lacquered vases.

GRAPHIC MODERN

Orange, tomato, egg yolk, aqua, ebony and snow white — some of the hues that define the crisp, often edgy graphic modern style.

CB2 sets the tone with their bright orange and yellow steel home-office pieces, modern art rugs, and array of accent pillows. The Sakano, Snake and Shift pillows punch things up with bold graphics; so does the Crystal runner rug, with a multihued kaleidoscope pattern.

Chevrons, polka dots, ikat and broad stripes have carried over from spring and summer. Crate & Barrel's Alston and Olin collection of textiles features gold and graphite stripes on ivory backgrounds. Ikea's fall preview showed oversize polka-dot felt rugs in hot pink and lime, and cheerful red-and-white-dotted bedding.

At Design Within Reach, Eames' iconic moulded plastic Eiffel chair comes in some new colours, including red, sky blue and sparrow, a soft charcoal that's one of the season's most on-trend hues.

Typography also has staying power as a decorative element in both accessories and wall art. Grandin Road has something a little different: cubbies in the shape of numbers and arrows.

GLOBAL GOODS

The artisan communities of Asia and Africa continue to be prolific sources of decor, as affection for global style stays strong among retailers this season. India takes a star turn; watch for pierced and hammered metal objects, as well as silks embellished and printed with elephants, tigers and other ethnic motifs.

PB Teen and Urban Outfitters' colourful medallion, ikat and suzani textiles look fresh from the bazaar. Zimbabwean Tonga baskets, Kuba cloth benches and Cape Town textured ceramics are part of West Elm's collaboration with South African designers.

Pier One and World Market have carved wall art and basketry. Kilim-covered accessories such as pillows and coffee tables are less costly ways to add global elements.

THE ASSOCIATED PRESS

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Give it a little Moroccan flair

As decor trends move toward more colour and traditional curvy lines, it's expected that Moroccan styles will emerge in a big way. The contemporary curvy lines and colours like orange, blue and white make it a trend-on element to include in modern decor. Other influences that blend easily with this trend are Middle Eastern patterns, handmade Moorish designs and Havana colours. With a new season fast approaching, why not try out some exotic flavour in your home?

DESIGN CENTRE
Karl Lohnes
home@metronews.ca

Magical Thinking Bright Star Duvet mimics colourful handmade tiles. From $79. URBANOUTFITTERS.COM

Circles Rubber Doormat welcomes guest with a Moroccan vibe. $20 CRATEANDBARREL.COM

Thomasville's Wanderlust Bachelor Chest is a great solution for television and AV equipment. $1,620 SEARS.CA

Benjamin Moore's Pumpkin Spice can transport your room to North Africa with just one coat. BENJAMINMOORE.CA

Whole Home Morocco Printed Sheers add exotic flair to the window. From $20 SEARS.CA

Just a few accessories can add some exotic flavour to any space. HANDOUT

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No use crying over spilled milk, or wine

Advice. Take these simple steps to cleaning up that embarrassing spill at your party

CHARLES THE BUTLER
askcharlesthebutler@metronews.ca
For more, visit charlesmacpherson.com

Dear Charles,
What is the proper way to go about cleaning up a broken wine glass at a dinner party? I wouldn't want to bring too much attention to it, but at the same time, I wouldn't want anyone to get hurt, either.
Always Prepared

Dear Always Prepared,
When this happens, the room is always full of guests and everyone stares at you!

The few times this has happened, the first thing I do is pick up the large pieces of glass.

I then use the vacuum, ideally a hand-held one to pick up the glass and then I use very thick towels to absorb the wine liquid.

At this point I judge the damage and either just leave it and wash the entire rug the following day or in the case of red wine will use club soda to flush the stain and re-absorb the liquid with a second set of thick dry towels.

Whatever you do, don't make a big deal about it. The person who has made the spill will feel bad enough. Let them help you with instructions of what you want them to do, then stay calm, make the treatment and go back to your party and have a fabulous time.

Quote

"What ever you do, don't make a big deal about it"

There are a few simple ways to deal with spilled wine. HANDOUT

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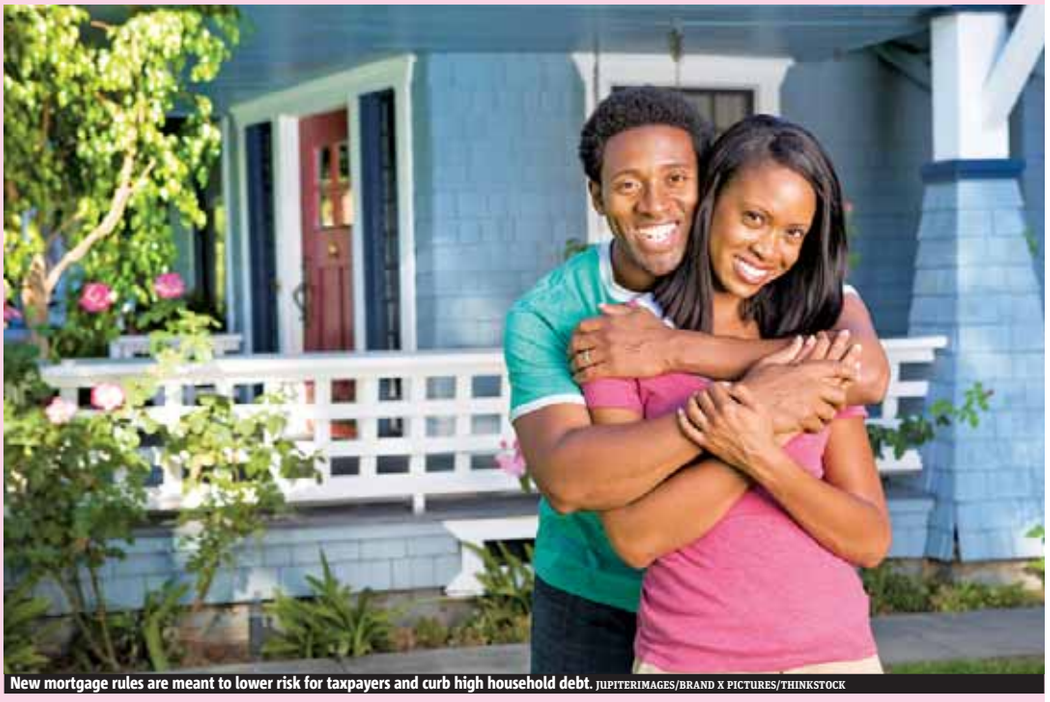
Know the new rules

Restrictions. Feds recently announced fourth set of changes to mortgages in the past four years

JANE DOUCET
For Metro



New mortgage rules are meant to lower risk for taxpayers and curb high household debt. JUPITERIMAGES/BRAND X PICTURES/THINKSTOCK

In June, Finance Minister Jim Flaherty announced the fourth round of mortgage restrictions in four years. Among other changes, those with less than 20 per cent equity will no longer be able to get a prime mortgage with a 30-year amortization; the maximum is now 25 years.

Another change is that the maximum refinance LTV (loan to value) ratio will be 80 per cent, down from 85. (The LTV ratio is calculated by dividing the loan balance of a property by the market value and is expressed as a percentage. For example, a property with a loan balance of $400,000 and a market value of $500,000 has a LTV ratio of 80 per cent.)

Cashback down-payment mortgages are on the way out; federally regulated lenders must eliminate them by the end of October.

In addition, the federal government is capping the maximum debt ratios for households and limiting government insurance to mortgages on homes with a purchase price of less than $1 million.

The new rules are meant to lower risk for taxpayers and curb high household debt, and they are mostly designed to help control the skyrocketing housing markets in Central and Western Canada. But what impact will they have on first-time homebuyers in general?

"Starter buyers will often have to borrow greater than 80 per cent," says Corey Regan, a mortgage specialist with One Stop Financial Solutions Inc. in Dartmouth, N.S. "And with five years shaved off the amortization, their monthly mortgage payments will be higher."

Experts estimate that it's not unreasonable to expect that at least 10 per cent of first-time buyers could be shut out of the market by these changes. Assuming that up to half of purchases come from first-timers, then overall home demand could slide five per cent or more — at least until house prices fall.

However, it isn't impossible to enter the market sooner rather than later.

"Maybe you won't be able to afford your dream single-family dwelling in your first choice of neighbourhood," says Regan, "but you can afford a semi-detached in another nice area."

Buying a home is an emotional decision, but if you are willing to reconsider the type of residence you want and where you want it to be, you will have more options.

And if you are set on buying the dream?

"Then you have to be patient and save for another year or two," says Regan.

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SPECIAL INFORMATION FEATURE

Old favourites

Rediscover. May the Schwarz be with you as you take a sip of a beautiful classic German beer

JEFF O'REILLY
For Metro

Today we are going to look at a couple of hidden gems: One, a beautiful classic German beer and style: and the other, a tiny beer lover's paradise that is almost hidden in plain sight, right in the heart of the By-Ward Market.

With Germany having so many inspiring and distinct regional styles seeming to steal most of the headlines, a lesser known style has always impressed me. Schwarzbier translates to "black beer" and has been brewed in the town of Bad Köstritz, Thuringa, in central Germany since 1543.

Despite the foreboding appearance of the beer, it is quite pleasant. And the name of the town Bad Köstritz may also sound menacing, but "Bad" actually it means "Bath" and the town is famous for its spas, sandbanks and magical mineral waters.

So when I went in search of a local establishment that may carry this delightful beer, I was happy to find it in an almost-forgotten place that I haven't visited in quite some time.

As I head downstairs to "the cellar" at 54 York St. beneath the Fish Market restaurant, I see the familiar face of an Ottawa hospitality icon behind the bar in Bill Gordon, who has been the welcoming host at Vineyards Wine Bar and Bistro since 1979. Gordon is a master of all of those things that help make a wonderful gathering "wonderful."

In this cosy little bistro he has amassed an impressive selection of more than 80 wines available by the glass and 350-plus bottles of wine. Vineyards has received The Wine Spectator "Award of Excellence" every year from 1989 until 2011 (2012's must surely be in the mail), which is an unbelievable accomplishment, but wine certainly isn't the only remarkable list you should examine should you visit.

Starting with a clever promotional twist on a Jules Verne novel back in 1985, "Around the World in 18 Beers" was a huge success, and the beer selection has continued to grow. Vineyards offered some of the first Belgian classics to be served in Ottawa, has provided a diverse portfolio of imported specialties and rarities from around the world, and will release a brand new beer menu Friday that will offer more than 150 different brands, including an expanded selection of Canadian craft beers to meet growing demands for local and regional "world class" brews.

Köstritzer Schwarzbier (4.8 per cent alcohol by volume, LCBO 500 ml, $2.75) pours an "almost black" dark chestnut with thick, mocha foam head into a fluted pilsner glass. A malty nose filled with huge coffee/chocolate roast notes, before sweet toffee, dry bakers chocolate, roasted espresso beans and grainy malts delight. Almost creamy smooth and light-bodied, it has a short finish and would be wonderfully paired with hearty beef, soft cheeses, chocolate and German sausages. Do yourself a favour and rediscover some old favourites again (and soon). May the Schwarz be with you!

Rediscovering old favourites as Vineyard's affable host Bill Gordon pours a Köstritzer Schwarzbier. JEFF O'REILLY/FOR METRO

Wine. Try these fall treats after a harvest feast

SEASONAL SIPS
Allyson Bycraft
For Metro

First day of fall, Sept. 22: Replace the light, bright whites of summer with something full and ripe for the days of fall harvest. Pfaffenheim Cuvee Rabelais Pinot Gris 2011 ($19.95, LCBO #999342) hails from the former German region, now French region of Alsace, known for its top-quality, food-friendly whites. Not so long ago, Alsace table wines were always bone-dry, but that has been changing. This one is off-dry with spice and floral notes, and a powerful punch on the palate. Available at Vintages Saturday.

Feast of Fields, Sept. 16: Toast Ottawa's annual celebration of organic food with an organic wine from Italy — San Michele A Torri Chianti Colli Fiorentini 2010 ($15.95, LCBO #900258).

The Classico region is the original and best area for the production of Chianti, but the Chianti appellation actually has six sub-appellations of varying quality.

Colli Fiorentini borders Classico and maintains lower yields than most of the other sub-apps, ensuring near-Classico quality in its earthy wines. Available at Vintages Saturday.

ALLYSON BYCRAFT

Ontario wines shine

JULIE STOCK
For Metro

IF I HAD $100 ... TO SPEND AT VINTAGES

The spotlight shines on Ontario wines this weekend at the LCBO in Vintages. Share your wine tips on Twitter #LCBOgoLOCAL or @savvycompany.

Cave Spring Estate Bottled Vineyard Chardonnay Musqué 2009
(LCBO #246579, $15.95)
An unusual grape that creates a fresh, white wine with grapefruit, green apple flavours.

2027 Falls Vineyard Riesling 2011
(LCBO # 294041, $18.95)
From a virtual winery! Notes of herbs combined with lemon-lime flavours that are distinctively Niagara.

Lailey Vineyard Chardonnay 2010
(LCBO #193482, $24.95)
A rich, lightly oaked white wine with yellow apple flavours and caramel on the finish.

Featherstone Cabernet Franc 2010
(LCBO #64618, $16.95)
Bright, ruby red in colour with flavours of ripe cherries, grippy tannins.

Henry of Pelham 2010 Reserve Baco Noir
(LCBO #461699, $24.95)
A dark wine with inky flavours of cherries and wood smoke.

GRAND TOTAL: $96.75

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Feast of Fields will be held Sunday from noon to 4 p.m. at the Canada Agriculture Museum. SAMANTHA EVERTS/FOR METRO

Celebrate fall bounty

Feast of Fields. Taste local chef's creations Sunday at Canada Agriculture Museum

SAMANTHA EVERTS
For Metro

Ottawans get out your farm-worthy Wellies because Feast of Fields is back.

The Canadian Organic Growers' fundraiser is a culinary challenge that takes top chefs outside straight to the local source. Instead of getting one high-dining meal, you are getting many from the best area restaurants.

More than 20 farmers and local meat and cheese producers get paired with chefs to create a completely seasonal dish using farm designated products. Restaurants like Allium, Domus Café, and Black Cat Bistro will return to participate. Producer participants include Funny Duck, Bryson Farms, and Jasper Apple Farm.

Dining tables under shaded tents and bales of hay by a small outdoor stage means that people can dine family style and find out what their neighbours are enjoying. Silver spoon dining aside, it's normal to check out someone else's plate in line and ask where they got it and their thoughts on the plate. Past dishes have ranged from slider burgers, soups, pizzas, and the most garlicky potato dish imaginable.

Feast of Fields includes admission to a farm so you can really see, "from farm to table." A cool thing about the event is that you can buy the products directly from the farmers that the established chefs have used, then learn what inspired their dishes and how you can use those products at home.

Feast of Fields gave out branded cotton canvas bags last year for visitors to tote back those ingredients —trust us, you will need one to bring back the harvest bounty.

Feast of Fields will be held Sunday at the Canada Agriculture Museum from noon to 4 p.m. For more, visit cog.ca/ottawa/feast_of_fields.

Restaurant. Enjoy ambience at the Buddha by Roses Café

SAMANTHA EVERTS
For Metro

Cauliflower in yogurt with saffron, foreground, and spinach and cottage cheese dish with cashews in back at Buddha by Roses Café. SAMANTHA EVERTS/FOR METRO

Ever had a dinner date get dull? At Buddha by Roses Café, if your date gets boring you can easily count the Buddha statues, even lamps, in the gorgeously decorated interior.

Outside, the patio was buzzing with chicly dressed people having cocktails to bumping exotic music when we arrived. A swanky lounge with beautiful draped silks with dark couches looked great for mingling.

Starting with vegetable pakoras, thinly sliced fried onions were served as one awkward pile lacking flavour instead of the traditional bhaji. It was served with a hot green chili sauce and cool coconut dip. Unfortunately, our server dropped them on the ground, prompting us to change seats the first time.

A "Gandhi" platter was selected (with three entrée options) to try many of the enticing dishes. Our server acted as if it was a burden for her to go check with the chef to find out what sort of curries were included. Those were inflexible so we opted for three main dishes: Butter chicken, cauliflower in yogurt with saffron, and a spinach and cottage cheese dish with cashews.

Our butter chicken was fine, but the sauce tasted tinned over homemade and wasn't very hot when it arrived. A side basket of naan was more akin to Greek pitas over the traditional buttery, thick flatbread. The cauliflower dish was lovely and similar to Gobi Aloo, but richer in creaminess. We noticed each dish had the same soft texture. For Indian served in a beautiful setting, the food was surprisingly unmemorable and bland.

Buddha by Roses Café is located at 323 Somerset St. W. For more, see restaurantbuddhaottawa.com.

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Grilled vegetables & pasta infuse distinctly Mediterranean flare

1. Balsamic Vinaigrette: In a screw-top jar, mix oil, balsamic vinegar, mustard, garlic, sugar. Cover jar and shake well. Season with salt and pepper. Makes about 150 ml (2/3 cup).

2. Meanwhile, cook pasta according to package directions and set aside. Chill, if desired.

3. Remove cores and cut peppers into quarters. Cut zucchini and onion into 2-cm slices. Brush vegetables lightly with some vinaigrette and grill over medium heat until vegetables are cooked as desired.

4. Cut all of vegetables into chunks. Combine vegetables, pasta and all but 125 ml (1/2 cup) of feta cheese with the remaining vinaigrette and season with salt and pepper. Top the dish with the reserved feta cheese and parsley. THE CANADIAN PRESS/DAIRY FARMERS OF CANADA

Nutritional analysis

Per serving

- 880 calories; 33 g protein; 98 g carbohydrates; 40 g fat; 6.1 g fibre; 414 mg sodium

Ingredients

Balsamic Vinaigrette
- 85 ml (1/3 cup plus 2 tsp) vegetable oil
- 75 ml (1/3 cup) balsamic vinegar
- 10 ml (2 tsp) Dijon mustard
- 1 clove garlic, minced
- 1 ml (1/4 tsp) sugar
- Salt and pepper, to taste
- 500 g (1 lb) penne or rotini
- 1 each red and yellow sweet bell pepper
- 2 zucchini
- 1/2 Spanish onion
- 250 g (8 oz) feta cheese, cubed (divided)
- Salt and pepper, to taste
- Chopped parsley, for garnish

This recipe serves four. THE CANADIAN PRESS H/O

Cookbook of the Week

All vegetable lovers rejoice!

To open up the Mediterranean world to the North American kitchen, Clifford A. Wright presents an A-to-Z culinary reference.

Accessible and thoroughly useful, Mediterranean Vegetables includes information on more than 200 vegetables that are traditionally prepared in Mediterranean cookery.

Among the recipes in the book are: Greek Country Salad, Leeks in Lemon and Eggs Sauce, Oven-Baked Potatoes and Mushrooms, Stuffed Swiss Chard Leaves.

Each vegetable that is featured also comes with information on plant characteristics and varieties, plant origin and plant history. METRO

Ratatouille. Versatile and tasty classic French stew

1. In Dutch oven, heat oil over medium-high heat. Add onion, garlic, basil and oregano; cook until slightly softened and aromatic, about 4 minutes.

2. Add green pepper, zucchini, eggplant and tomatoes. Stir in canned tomatoes, breaking up with a spoon. Bring to a boil. Reduce heat and simmer until vegetables are tender, about 30 minutes.

3. Stir in tomato paste, sugar, salt and pepper; cook for 7 minutes. (Make-ahead: Cover and refrigerate for up to 2 days; reheat.) Stir in parsley. Sprinkle feta on top of each serving. THE CANADIAN PRESS/FOODLAND ONTARIO

Ingredients

- 30 ml (2 tbsp) extra-virgin olive oil
- 1 red onion, cut into thin wedges
- 5 cloves garlic, minced
- 15 ml (1 tbsp) each dried basil and oregano
- 1 large sweet green pepper, cut into chunks
- 2 zucchini, cut into chunks
- 1 eggplant (about 750 g/1 1/2 lb), cut into chunks
- 4 field tomatoes, chopped
- 1 can (796 ml/28 oz) whole tomatoes
- 45 ml (3 tbsp) tomato paste
- 5 ml (1 tsp) granulated sugar
- Salt and pepper, to taste
- 50 ml (1/4 cup) minced parsley
- 175 ml (3/4 cup) crumbled feta cheese

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NFL

Griffin III's historic 1st week continues

Robert Griffin III is the first rookie quarterback to win an offensive player of the week award after his debut game.

The NFL announced Wednesday that Griffin is the NFC offensive player of the week for his performance in the Washington Redskins' 40-32 win over the New Orleans Saints.

The No. 2 overall draft pick completed 19 of 26 passes for 320 yards with two touchdowns and no interceptions in Sunday's victory — making him the first player in league history to amass 300-plus yards passing, two or more passing touchdowns and no interceptions in an NFL debut. THE ASSOCIATED PRESS

Robert Griffin III
THE ASSOCIATED PRESS FILE

NBA

Knicks' Kidd to fight DWI charge

New York Knicks point guard Jason Kidd intends to fight a charge that he was drunk when he crashed his SUV into a telephone pole in the Hamptons his lawyer said Wednesday.

When asked about the allegations at Kidd's brief procedural appearance at Southampton Town Court on Long Island, lawyer Edward Burke Jr. told reporters, "We are defending that."

Kidd was arrested in July, days after signing with the Knicks. He suffered minor injuries when the vehicle hit the pole and veered into the woods in the hamlet of Water Mill.

The misdemeanour charge carries the potential for up to a year in jail.
THE ASSOCIATED PRESS

NHL

"Whatever the future holds is going to be fine with me."

Goaltender Roberto Luongo at a Canucks charity golf tournament on Wednesday. Luongo, who is willing to waive his no-trade clause, said he would also have no trouble playing alongside his friend Cory Schneider again and will attend Vancouver's training camp, if necessary.

Offers fly as NHL labour talks resume

Lockout. League tables "time-sensitive" offer, after players' proposal falls flat with Bettman

NHLPA executive director Donald Fehr, centre, is joined by the Canucks' Manny Malhotra, left, and the Jets' Ron Hainsey as he speaks to reporters in New York on Wednesday. MARY ALTAFFER/THE ASSOCIATED PRESS

The final push to get a new NHL collective bargaining agreement is on.

After almost two weeks without face-to-face negotiations, labour talks between the league and NHL Players' Association resumed with a flurry of activity Wednesday.

Both sides tabled a proposal in an attempt to avoid another work stoppage. The current deal is set to expire just before midnight on Saturday and the owners have said they'll enact another lockout if a new agreement isn't reached beforehand.

The NHLPA's initial offer was countered with one by the league that will see the players get 49 per cent of revenue in the first year and scale back to 47 per cent over the course of the six-year deal, according to a source. That's up from a starting point of 46 per cent in the NHL's last offer, but still well down from the 57 per cent players saw last season.

Commissioner Gary Bettman says the league will withdraw its offer if it's not accepted by the time the current labour agreement ends.

"With every day we're experiencing — and will continue to experience — damage to the game and to the business of the game," said Bettman. "What we're trying to do now is stem that damage. What we would be prepared to do now to make a deal before there's extensive damage is not the same that we'll be prepared to do in the event we get to a point where we've suffered the damage."

NHLPA executive director Don Fehr said the union's proposal was "consistent" with its previous offer.

Getting together

On Wednesday night, the union opened a meeting with some 300 players in attendance, while the NHL's board of governors is scheduled to convene on Thursday.

- Meanwhile, the union says it has filed an application with Quebec's labour relations board, along with at least 16 players of the Montreal Canadiens, asking it to declare a lockout illegal in the province.
- A hearing on the application is scheduled for Friday morning in Montreal.

"Our proposal was made with the same principles that we have always had in mind, and those are that we didn't see any reason, given seven years of record revenue growth and the enormous concessions the players made the last time, to have an absolute reduction in salaries," he said, adding the players would be willing to have their share "fall over time" as league revenues grow.

Fehr added he doesn't "know whether this will lead to anything."

Bettman said the union's proposal offered "very little movement if any," which prompted him to draft a counter-proposal with Boston Bruins owner Jeremy Jacobs and Calgary Flames owner Murray Edwards.

"We're certainly on our side anxious to get a deal done as soon as possible, but it takes two sides to negotiate," Bettman said.

Bettman also said that the definition of hockey-related revenues, the pool of revenues which the league and players share under the collective bargaining agreement, would remain unchanged in an effort to simplify the process.

"I assure you, nobody wants to make a deal more than I do," Bettman said.

The sides resumed discussions at the league's Manhattan offices with just over three days left before their collective bargaining agreement expires. It was the first formal session since Aug. 31. THE CANADIAN PRESS

NHL. Bouncing back no easy task if season is lost

The NHL has survived strikes, lockouts and even the cancellation of an entire season, but Norm O'Reilly, who has studied the finances of sports leagues, says the league owners and players can't take their fans for granted.

O'Reilly, a sports marketing professor at the University of Ottawa, says another cancelled season could hurt the NHL itself, even in cities like Toronto.

While the hardcore fans will always come back, that's not the whole picture, he says.

As merchandise sales and sponsorship deals become larger pieces of the revenue pie compared with ticket sales, it is the more casual fans that may never attend a game that can make the difference.

"They may notice a decrease in television rights, and they may notice less following on websites, and they may notice a decrease in merchandise sales and less support of sponsors products," he said of teams if the season is killed.

"And as the NHL becomes ... less reliant on gate revenues and more reliant on media and marketing revenues, then those impacts become greater and greater."

Since the 2005 collective bargaining agreement was signed, the NHL has experienced an annual growth rate in revenues of more than six per cent.

But O'Reilly noted that last time the new collective agreement was accompanied by rule changes in an effort to make the game faster and higher scoring and in turn more appealing to the casual fan.

Without that added boost, the league may not bounce back from a season-killing lockout the same way.

"This time around, everything you read about is much more focused on solely the financial issues," O'Reilly said.
THE CANADIAN PRESS

Quoted

"We do have some other concerts and events, but there's no mistake that hockey is our business here."

Tim Murphy, the manager of Vancouver's Shark Club located a slapshot away from the home of the Vancouver Canucks, says without NHL hockey the bar just isn't busy enough.

4 SPORTS

Mobile sports

Cricket

Tim Tebow's debut with the New York Jets was a dud, but a sprinkling of the backup QB and the wildcat package was more than enough against the Bills. Now the Jets have to decide whether to give Tebow more snaps or fewer against the Steelers in Week 2.

MLB

AMERICAN LEAGUE

EAST DIVISION

	W	L	Pct	GB
Baltimore	79	62	.560	—
New York	79	62	.560	—
Tampa Bay	77	64	.546	2
Toronto	64	76	.457	14½
Boston	64	78	.451	15½

CENTRAL DIVISION

	W	L	Pct	GB
Chicago	76	65	.539	—
Detroit	74	67	.525	2
Kansas City	64	77	.454	12
Cleveland	59	83	.415	17½
Minnesota	59	83	.415	17½

WEST DIVISION

	W	L	Pct	GB
Texas	84	57	.596	—
Oakland	81	60	.574	3
Los Angeles	77	65	.542	7½
Seattle	68	74	.479	16½

Wednesday's results
Tampa Bay at Baltimore
Seattle at Toronto
N.Y. Yankees at Boston
Cleveland at Texas
Detroit at Chicago White Sox
Kansas City at Minnesota
Oakland at L.A. Angels
Tuesday's results
Baltimore 9, Tampa Bay 2
Seattle 4, Toronto 3
Boston 4, N.Y. Yankees 3
Texas 6, Cleveland 4
Detroit 5, Chicago White Sox 3
Kansas City 9, Minnesota 1
Oakland 6, L.A. Angels 5
Thursday's games
All Times Eastern
Tampa Bay (Hellickson 8-10) at Baltimore (W.Chen 12-9), 12:35 p.m.
Oakland (Bre.Anderson 4-0) at L.A. Angels (Weaver 16-4), 3:35 p.m.
Seattle (F.Hernandez 13-7) at Toronto (H.Alvarez 8-12), 7:07 p.m.
N.Y. Yankees (P.Hughes 14-12) at Boston (Doubront 10-8), 7:10 p.m.
Cleveland (McAllister 5-7) at Texas (D.Holland 10-6), 8:05 p.m.
Detroit (Verlander 13-8) at Chicago White Sox (Sale 16-6), 8:10 p.m.
Kansas City (Mendoza 7-9) at Minnesota (Hendriks 0-7), 8:10 p.m.
Friday's games
Detroit at Cleveland, 7:05 p.m.
Tampa Bay at N.Y. Yankees, 7:05 p.m.
Boston at Toronto, 7:07 p.m.
Seattle at Texas, 8:05 p.m.
Chicago White Sox at Minnesota, 8:10 p.m.
L.A. Angels at Kansas City, 8:10 p.m.
Baltimore at Oakland, 10:05 p.m.

NATIONAL LEAGUE

EAST DIVISION

	W	L	Pct	GB
Washington	88	54	.620	—
Atlanta	81	62	.566	7½
Philadelphia	72	71	.503	16½
New York	65	77	.458	23
Miami	63	81	.438	26

CENTRAL DIVISION

	W	L	Pct	GB
Cincinnati	86	57	.601	—
St. Louis	75	67	.528	10½
Pittsburgh	72	69	.511	13
Milwaukee	71	71	.500	14½
Chicago	55	87	.387	30½
Houston	45	97	.317	40½

WEST DIVISION

	W	L	Pct	GB
San Francisco	80	62	.563	—
Los Angeles	74	68	.521	6
Arizona	70	72	.493	10
San Diego	68	75	.476	12½
Colorado	57	84	.404	22½

Wednesday's results
Philadelphia 3, Miami 1
St. Louis at San Diego
Pittsburgh at Cincinnati
Washington at N.Y. Mets
Chicago Cubs at Houston
Atlanta at Milwaukee
San Francisco at Colorado
L.A. Dodgers at Arizona
Tuesday's results
Philadelphia 9, Miami 7
Cincinnati 5, Pittsburgh 3
Washington 5, N.Y. Mets 3
Houston 1, Chicago Cubs 0
Milwaukee 5, Atlanta 0
San Francisco 9, Colorado 8
Arizona 1, L.A. Dodgers 0
San Diego 6, St. Louis 4
Thursday's Games
All Times Eastern
Philadelphia (Cloyd 1-1) at Houston (Harrell 10-9), 8:05 p.m.
St. Louis (Lynn 14-7) at L.A. Dodgers (Beckett 1-2), 10:10 p.m.
Friday's Games
Pittsburgh at Chicago Cubs, 2:20 p.m.
Cincinnati at Miami, 7:10 p.m.
Washington at Atlanta, 7:35 p.m.
Philadelphia at Houston, 8:05 p.m.
N.Y. Mets at Milwaukee, 8:10 p.m.
San Francisco at Arizona, 9:40 p.m.
Colorado at San Diego, 10:05 p.m.
St. Louis at L.A. Dodgers, 10:10 p.m.

LATE TUESDAY

MARINERS 4, BLUE JAYS 3

Seattle	ab	r	h	bi	Toronto	ab	r	h	bi
Ackley 2b	5	1	2	0	Lawrie 3b	4	0	1	0
Gutirrz cf	5	1	2	0	Rasms cf	3	2	2	1
Seager 3b	5	2	3	2	Encrnc dh	4	0	0	0
Jaso dh	4	0	1	1	Lind 1b	3	0	1	0
JMontr c	3	0	1	0	Sierra ph	1	0	0	1
MSndrs lf	4	0	2	1	YGoms 1b	0	0	0	0
Thams rf	4	0	0	0	YEscor ss	4	0	2	1
C.Wells rf	0	0	0	0	KJhnsn 2b	4	0	0	0
Carp 1b	4	0	2	0	Arencii c	4	0	0	0
Ryan ss	3	0	1	0	RDavis lf	4	0	1	0
Gose rf	3	1	1	0					
Totals	**37**	**4**	**14**	**4**	**Totals**	**34**	**3**	**8**	**3**

Seattle	201	010	000 — 4
Toronto	101	000	010 — 3

E—Gutierrez (1). DP—Toronto 1. LOB—Seattle 8, Toronto 6. 2B—Ackley (19), Gutierrez (5), Seager (27), M.Saunders (29), Rasmus (21), Y.Escobar (20). HR—Seager (18). SB—R.Davis (42). S—Ryan. SF—Rasmus.

Seattle	IP	H	R	ER	BB	SO
Er.Ramirez W,1-2	7	6	2	2	1	6
Furbush	0	1	1	1	0	0
Kinney H,6	1-3	0	0	0	0	0
Luetge H,12	1-3	0	0	0	0	0
Pryor H,4	1-3	0	0	0	0	1
Wilhelmsen S,25-28	1	1	0	0	0	0
Toronto						
Morrow L,8-6	4 2-3	11	4	4	1	4
Cecil	2	2	0	0	0	1
Lincoln	1 1-3	0	0	0	0	1
Frasor	1	1	0	0	0	0

Furbush pitched to 1 batter in the 8th.
WP—Morrow.
Umpires—Home, Gary Darling; First, Paul Emmel; Second, Jerry Meals; Third, Scott Barry.
T—2:48. A—12,935 (49,260) at Toronto.

TENNIS

WTA CHALLENGE BELL

At Quebec City
Singles — Second Round
Lauren Davis, U.S., def. Yanina Wickmayer (2), Belgium, 6-1, 6-1.
Mona Barthel (3), Germany, def. Petra Rampre, Slovenia, 6-2, 6-1.
Kristina Mladenovic, France, def. Annika Beck, Germany, 4-6, 6-4, 6-3.
Doubles — First Round
Alicja Rosolska, Poland, and Heather Watson (1), Britain, def. **Stephanie Dubois, Laval, Que., and Heidi El Tabakh, Toronto,** 6-2, 6-2.
Gabriela Dabrowski, Ottawa, and Alison Riske, U.S., def. Liga Dekmeijere, Latvia, and Petra Martic (2), Croatia, 2-6, 6-3, 10-4.
Jessica Pegula and Maria Sanchez, U.S., def. Lindsay Lee-Waters and Megan Moulton-Levy (4), U.S., 7-5, 4-6, 10-4.
Quarter-finals
Gabriela Dabrowski, Ottawa, and Alison Riske, United States, def. Grace Min, United States, and **Carol Zhao, Richmond Hill, Ont.,** 6-3, 6-4.

WTA TASHKENT OPEN

At Tashkent, Uzbekistan
Singles — Second Round
Urszula Radwanska (2), Poland, def. Vitalia Diatchenko, Russia, 6-2, 6-2.
Irina-Camelia Begu, Romania, def. Alize Cornet (3), France, 6-4, 6-1.
Alexandra Cadantu (5), Romania, def. Sabina Sharipova, Uzbekistan, 1-6, 6-3, 6-3.
Bojana Jovanovski (6), Serbia, def. Eleni Daniilidou, Greece, 6-3, 6-7 (8), 6-3.
Alexandra Panova (7), Russia, def. Misaki Doi, Japan, 6-4, 6-4.
Galina Voskoboeva (8), Kazakhstan, def. Anna Chakvetadze, Russia, 6-1, 6-3.
Eva Birnerova, Czech Rep., def. Karin Knapp, Italy, 6-2, 6-2.
Donna Vekic, Croatia, def. Lara Arruabarrena-Vecino, Spain, 6-2, 6-2.

TRANSACTIONS

MLB

AMERICAN LEAGUE

BOSTON — Reinstated RHP Scott Atchison from the 60-day DL. Transferred LHP Franklin Morales to the 60-day DL.
CHICAGO — Reinstated RHP Gavin Floyd from the 15-day DL.
N.Y. YANKEES — Recalled OF Melky Mesa from Scranton/Wilkes-Barre (IL).
TEXAS — Extended its player development contract with Round Rock (PCL) through the 2018 season.

NATIONAL LEAGUE

HOUSTON — Reinstated SS Jed Lowrie from the 15-day DL.
N.Y. METS — Renewed their player development contract with Savannah (SAL) through the 2014 season.
SAN DIEGO — Extended their player development contract with Eugene (NWL) through the 2014 season.
SAN FRANCISCO — Assigned RHP Steve Edlefsen to Fresno (PCL). Reinstated RHP Clay Hensley from the 15-day DL.

NBA

OKLAHOMA CITY — Signed G DeAndre Liggins and G Andy Rautins.

NFL

NFL — Fined Dallas OT Tyron Smith $15,000 for a horse-collar tackle that prevented a touchdown on an interception return during the Sept. 5 game against the N.Y. Giants.
ARIZONA — Signed CB Greg McCoy to the practice squad. Released CB Larry Parker from the practice squad.
ATLANTA — Signed CB Terrence Johnson. Signed WR James Rodgers and G Phillip Manley to the practice squad.
BALTIMORE — Signed RB Bobby Rainey to the practice squad.
DALLAS — Signed CB LeQuan Lewis.
DENVER — Signed DE Jamie Blatnick to the practice squad. Released G Wayne Tribue from the practice squad.
GREEN BAY — Signed CB Brandian Ross to the practice squad. Released RB Marc Tyler from the practice squad.
JACKSONVILLE — Claimed T Troy Kropog off waivers from Tennessee.
KANSAS CITY — Reinstated LB Tamba Hali from the practice squad. Released LB Cameron Sheffield. Released WR Junior Hemingway from the practice squad.
MIAMI — Signed D Ryan Baker. Released LB Sammy Brown. Signed DT Chas Alecxih and WR Brian Tyms to the practice squad. Released WR Chris Hogan from the practice squad.
NEW ENGLAND — Signed S Cyhl Quarles to the practice squad. Released TE Alex Silvestro from the practice squad.
NEW ORLEANS — Placed WR Adrian Arrington on injured reserve. Signed WR Greg Camarillo.
N.Y. GIANTS — Signed WR Brandon Collins and T Matt McCants to the practice squad. Released CB Terrence Frederick and C Scott Wedige from the practice squad.
N.Y. JETS — Released WR Patrick Turner. Signed WR Stanley Arukwe and LB Ricky Sapp to the practice squad. Released WR Royce Pollard and CB LeQuan Lewis from the practice squad.
OAKLAND — Signed DE Brandon Bair and TE Nick Guess to the practice squad.
PHILADELPHIA — Signed WR Mardy Gilyard. Released S Jaiquawn Jarrett. Signed WR Derek Carrier to the practice squad. Released TE Chase Ford from the practice squad.
SAN DIEGO — Signed G Reggie Wells.
SEATTLE — Removed RB Vai Taua on injured reserve and released him. Signed NT Hebron Fangupo and WR Jermaine Kearse to the practice squad. Released C Tommie Draheim and TE Gabe Miller from the practice squad.
TAMPA BAY — Signed T Mike Remmers to the practice squad.
TENNESSEE — Signed G Deuce Lutui. Reinstated WR Kenny Britt from the suspended list. Released DE Pannel Egboh and T Troy Kropog.
WASHINGTON — Signed NT Delvin Johnson to the practice squad.

CFL

EDMONTON — Traded PK Derek Schiavone to Montreal for PK Brody McKnight.

NHL

FLORIDA — Assigned D Jason DeSantis, G Brian Foster, F Jonathan Hazen, G Michael Houser, F Quinton Howden, G Jacob Markstrom, F Mattias Lindstrom, F Anthony Luciani, D Josh McFadden, F John McFarland, D Alex Petrovic, F Jon Rheault, D Colby Robak, F Eric Selleck, F Drew Shore, F Scott Timmins and F Garrett Wilson to San Antonio (AHL). Loaned F Jonathan Huberdeau and F Vincent Trocheck to their junior clubs.
L.A. KINGS — Signed D Kurtis MacDermid to a three-year, entry-level contract.
SAN JOSE SHARKS — Named David Cunniff associate coach of Worcester (AHL).
TORONTO — Signed G Ben Scrivens to a two-year contract.
WASHINGTON — Re-signed F Troy Brouwer to a three-year contract.

NFL

AMERICAN CONFERENCE

EAST

	W	L	T	Pct	PF	PA
N.Y. Jets	1	0	0	1.000	48	28
New England	1	0	0	1.000	34	13
Miami	0	1	0	.000	10	30
Buffalo	0	1	0	.000	28	48

SOUTH

	W	L	T	Pct	PF	PA
Houston	1	0	0	1.000	30	10
Jacksonville	0	1	0	.000	23	26
Indianapolis	0	1	0	.000	21	41
Tennessee	0	1	0	.000	13	34

NORTH

	W	L	T	Pct	PF	PA
Baltimore	1	0	0	1.000	44	13
Cleveland	0	1	0	.000	16	17
Pittsburgh	0	1	0	.000	19	31
Cincinnati	0	1	0	.000	13	44

WEST

	W	L	T	Pct	PF	PA
San Diego	1	0	0	1.000	22	14
Denver	1	0	0	1.000	31	19
Kansas City	0	1	0	.000	24	40
Oakland	0	1	0	.000	14	22

NATIONAL CONFERENCE

EAST

	W	L	T	Pct	PF	PA
Dallas	1	0	0	1.000	24	17
Washington	1	0	0	1.000	40	32
Philadelphia	1	0	0	1.000	17	16
N.Y. Giants	0	1	0	.000	17	24

SOUTH

	W	L	T	Pct	PF	PA
Tampa Bay	1	0	0	1.000	16	10
Atlanta	1	0	0	1.000	40	24
New Orleans	0	1	0	.000	32	40
Carolina	0	1	0	.000	10	16

NORTH

	W	L	T	Pct	PF	PA
Detroit	1	0	0	1.000	27	23
Chicago	1	0	0	1.000	41	21
Minnesota	1	0	0	1.000	26	23
Green Bay	0	1	0	.000	22	30

WEST

	W	L	T	Pct	PF	PA
Arizona	1	0	0	1.000	20	16
San Francisco	1	0	0	1.000	30	22
St. Louis	0	1	0	.000	23	27
Seattle	0	1	0	.000	16	20

WEEK TWO
Thursday's game — All Times Eastern
Chicago at Green Bay, 8:20 p.m.
Sunday's games
Tampa Bay at N.Y. Giants, 1 p.m.
New Orleans at Carolina, 1 p.m.
Arizona at New England, 1 p.m.
Minnesota at Indianapolis, 1 p.m.
Baltimore at Philadelphia, 1 p.m.
Kansas City at Buffalo, 1 p.m.
Cleveland at Cincinnati, 1 p.m.
Houston at Jacksonville, 1 p.m.
Oakland at Miami, 1 p.m.
Dallas at Seattle, 4:05 p.m.
Washington at St. Louis, 4:05 p.m.
Tennessee at San Diego, 4:25 p.m.
N.Y. Jets at Pittsburgh, 4:25 p.m.
Detroit at San Francisco, 8:20 p.m.
Monday, Sept. 17
Denver at Atlanta, 8:30 p.m.

GOLF

PGA TOUR

Next event: Tour Championship, Sept. 20-23, East Lake Golf Club, Atlanta.

LPGA TOUR/LADIES' GOLF UNION

WOMEN'S BRITISH OPEN

Site: Hoylake, England.
Schedule: Thursday-Sunday.
Course: Royal Liverpool Golf Club (6,657 yards, par 72).
Purse: $2.75 million. **Winner's share**: $418,825.
Online: http://www.lpga.com **or** http://www.ricohwomensbritishopen.com

EUROPEAN PGA TOUR

ITALIAN OPEN

Site: Fiano, Italy.
Schedule: Thursday-Sunday.
Course: Royal Park I Roveri (7,272 yards, par 72).
Purse: $1.91 million. **Winner's share:** $319,040.
Online: http://www.europeantour.com

WEB.COM TOUR

BOISE OPEN

Site: Boise, Idaho.
Schedule: Thursday-Sunday.
Course: Hillcrest Country Club (6,807 yards, par 71).
Purse: $725,000. **Winner's share:** $130,500.
Online: http://www.pgatour.com

CHAMPIONS TOUR

HAWAII CHAMPIONSHIP

Site: Kapolei, Hawaii.
Schedule: Friday-Sunday.
Course: Kapolei Golf Course (6,972 yards, par 72).
Purse: $1.8 million. **Winner's share:** $270,000.
Online: http://www.pgatour.com

CFL

WEEK 12

EAST DIVISION

	GP	W	L	T	PF	PA	Pt
Toronto	10	6	4	0	255	246	12
Montreal	10	6	4	0	273	310	12
Hamilton	10	3	7	0	290	339	6
Winnipeg	10	2	8	0	200	321	4

WEST DIVISION

B.C.	10	7	3	0	270	181	14
Calgary	10	6	4	0	268	254	12
Saskatchewan	10	5	5	0	267	206	10
Edmonton	10	5	5	0	239	205	10

Friday's game — All Times Eastern
Winnipeg at Calgary, 9 p.m.
Saturday's games
Edmonton at Hamilton, 3 p.m.
Toronto at B.C., 7 p.m.
Sunday's games
Saskatchewan at Montreal, 1 p.m.

SOCCER

MLS

EASTERN CONFERENCE

	GP	W	L	T	GF	GA	Pt
Kansas City	27	15	7	5	34	24	50
New York	26	13	7	7	46	39	46
Houston	28	12	7	9	40	33	45
Chicago	26	13	8	5	35	31	44
Columbus	27	12	9	6	33	32	42
D.C. United	27	12	10	5	43	38	41
Montreal	29	12	14	3	43	46	39
New England	28	7	14	7	35	38	28
Philadelphia	25	7	13	5	25	30	26
Toronto	27	5	16	6	30	48	21

WESTERN CONFERENCE

x-San Jose	27	16	6	5	56	33	53
Seattle	27	13	6	8	43	28	47
Real Salt Lake	29	14	11	4	38	32	46
Los Angeles	28	13	11	4	48	40	43
Vancouver	28	10	11	7	29	37	37
Dallas	29	8	12	9	34	38	33
Colorado	28	9	17	2	36	41	29
Chivas USA	26	7	12	7	21	41	28
Portland	27	7	14	6	27	46	27

x — clinched playoff berth.
Wednesday's result
Chicago at Toronto
Friday's games — All Times Eastern
Houston at Kansas City, 8:30 p.m.
Colorado at Los Angeles, 11 p.m.

Horoscopes

♈ Aries
March 21 - April 20
You are confused which direction to take. It's not like you to be so undecided but for now, the only safe decision is to make no decision at all until the early part of next week. What's the rush?

♉ Taurus
April 21 - May 21
Try not to let your anxieties get out of hand today because it could have a knock-on effect on your physical health. Experience should have taught you by now that the worst rarely happens, so strive to be positive.

♊ Gemini
May 22 - June 21
Try not to be sentimental about people or possessions. Gemini is ruled by mind planet Mercury, so you should find it easy enough to be logical. Use your head today. It could save you a lot of unnecessary torment.

♋ Cancer
June 22 - July 23
You may have to deal with someone whose opinions you dislike but chances are you will need their support in the very near future, so hold your tongue and get on with it. It can still be a good working partnership.

♌ Leo
July 24 - Aug. 23
Speak up and let others know what you think. You could, of course, stay quiet and enjoy an easy life. But that has never been your way — nor should it be when there is so much at stake.

♍ Virgo
Aug. 24 - Sept. 23
Certain people seem to be dragging their feet and almost daring you to do something about it. You don't have to put up with this kind of behaviour. If they're going to drag their feet, you've got an excuse to stamp yours.

♎ Libra
Sept. 24 - Oct. 23
A partnership issue will come to a head over the next 24 hours and you will have no option but to deal with it quickly. A clean break now may be preferable to a messy one later on. Give it some thought.

♏ Scorpio
Oct. 24 - Nov. 22
You may be a bit behind in your schedule but there is no need to panic. The planets indicate you will get to catch up next week. In the meantime, relax and focus more on things you enjoy.

♐ Sagittarius
Nov. 23 - Dec. 21
Someone is not giving you enough for your money. Let them know you won't put up with such poor service. If you don't, the situation will continue. Throw off the nice guy image and get angry.

♑ Capricorn
Dec. 22 - Jan. 20
You're in a good mood at the moment but it could be spoiled by someone who seems to believe you owe them a living. You don't owe them anything. In fact, they owe you so don't let them drag you down.

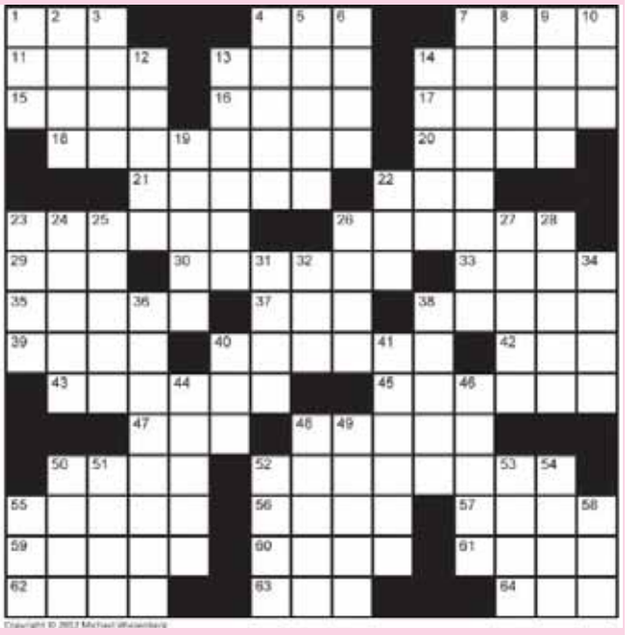
♒ Aquarius
Jan. 21 - Feb. 19
Your sixth sense is telling you that what you are being told by a friend is not to be trusted. Thank them for their advice then do the opposite of what they suggest. It could save you money — and your reputation.

♓ Pisces
Feb. 20 - March 20
You are somewhat impulsive, which could cause problems with money. You should know by now that few things in life truly come for free, so make sure you know what the real cost is going to be.

SALLY BROMPTON

Crossword: Is a Puzzlement

BY MICHAEL WIESENBERG



Across
1. Miami's state: abbr.
4. PC maker
7. Sunbathing goal (2 wds.)
11. Points a gun
13. Norway's capital
14. NWT's Great ___ Lake
15. The Queen, or the ship named for her, in short (2 wds.?; initialism?)
16. Begin to melt
17. Ontario-born Mandel of *Deal or No Deal*
18. Ontario NHL team
20. Baseball stat
21. Decrease in intensity
22. *The Simpsons* bartender
23. Critic's write-up
26. Prime Minister Pearson
29. Tic-___-toe
30. Cultural no-nos
33. Stumble
35. Set of cultural values
37. ___ Jima: 1940s Pacific battle site
38. ___ hasty retreat: flee (2 wds.)
39. Cut
40. Shopping ___: mall
42. Repair tears
43. Chooses to get e-mail, maybe (2 wds.)
45. Entrance's opposite
47. Island: Fr.
48. "Gosh, you shouldn't've" (2 wds.)
50. Obtained: Fr.
52. East Coast's ___ Provinces
55. Prime Minister St. Laurent
56. ___ *Brockovich*
57. Cashmere source
59. Afternoon talk show host Winfrey
60. A very small quantity (9th Greek letter)
61. ___ Scotia
62. ___ sign: advertising medium
63. 180° from SSW
64. Tyrannosaurus ___

Down
1. Help page feature: initialism
2. Fibs
3. French friend
4. "____ the Sheriff" (2 wds.)
5. Sound loud
6. Cuts grass
7. Member of a Montréal CFL team
8. "I ___ I taw a puddy tat!" : Tweety
9. Hertz rival
10. "Her maiden name was ..."
12. Commandments Mount
13. Home of 18-Across
14. Chases away, as an animal
19. Aids a criminal
22. "___ amis": start of a French speech
23. These are found on road maps: abbr.
24. "Jack Sprat could ___ fat ..." (2 wds.)
25. _-___: blocker of offensive TV material
26. What a bank robber gets away with
27. Wipe out
28. Religious ceremonies
31. "Très ___"
32. Possess
34. Grizzlies have them
36. Glasses expert
38. Reproduce, biblically
40. Co. in Québec
41. Provincial capital whose name comes from a queen
44. Half-melted snow
46. What 15-Across does
48. Moses's brother
49. Communicate by letter
50. Climber's cord
51. 100 cents, overseas
52. "Deal ___": "I want a hand" (2 wds.)
53. Boggy area
54. Roof overhang
55. Horror film star Chaney Jr. or Sr.
58. GST or PST

Yesterday's Crossword

What's online

See today's answers at metronews.ca/answers.

Sudoku

How to play
Fill in the grid, so that every row, every column and every 3x3 box contains the digits 1-9. There is no math involved. You solve the puzzle with reasoning and logic.

			1		3			
	5						2	
4		1				7		6
		4	8	1	7	6		
9								8
		5	2	9	4	1		
8		9				3		4
	7						5	
			9		2			

Yesterday's Sudoku

Today 28°/15° Sunny
Friday 24°/14° Thunderstorms 90%
Know what the weather will be 14 days from now.
Check the 14 day trend.
TWN incorporates MSC data

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- 4 Rims
- 1 Remote Starter
- 1 GPS unit
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CLEARANCE SALES ON SELECTED 2012 MODELS!

2012 LANCER

High Performance Sudan

STARTING AT: **$13,998**

TOTAL SALE PRICE: **$15,598**

AWD AVAILABLE

$49 PER WEEK

96 month term at 5.99%, freight, PDE included. Taxes extra. With $2,000 down or equivalent trade.

2012 OUTLANDER

The Fiery and Bold SUV

STARTING AT: **$22,998**

TOTAL SALE PRICE: **$24,698**

$72 PER WEEK

96 month term at 4.8%, freight, PDE included. Taxes extra. With $2,000 down or equivalent trade.

2012 RVR

The Crossover Energy Efficient

STARTING AT: **$17,998**

TOTAL SALE PRICE: **$19,698**

$57 PER WEEK

96 month term at 4.8%, freight, PDE included. Taxes extra. With $2,000 down or equivalent trade.

Arrival of 2013 10th Anniversary LANCER

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For all purchase financing offers, customers must sign contract and take delivery by September 30, 2012. Subject to credit approval. 0% for 72 months for the 2012 Outlander ES 2WD and RVR ES. 0% for 60 months for the 2012 Lancer. Total Obligation of $26,457 for 2012 Lancer, $37,032 for 2012 Outlander, $30,131 for the RVR. Freight and PDE included. Taxes, options and licence extra. Photos for illustration only. Cannot be combined with any other promotions. †See Rallye Mitsubishi for details about tires, rims, GPS and rebate offer.

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+

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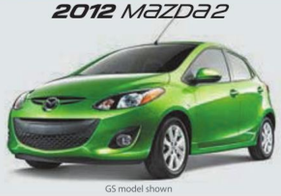
- BEST OFFERS ☑
- BEST SELECTION ☑
- BEST TIME TO BUY ☑

2012 Mazda2



GS model shown

Purchase from

~~$15,590~~ $12,995

Including a cash purchase rebate of $2,595 ▼
Effective purchase financing rate of 4.75%

2012 Mazda3 GX

GT model shown

ALSO AVAILABLE WITH SKYACTIV TECHNOLOGY

Lease starting from

$169 /month * | 48 -month lease

$695 down

2012 Mazda3 SPORT GX

GT model shown

Lease starting from

$198 /month * | 48 -month lease

$695 down

ALL VEHICLES INCLUDE ONTARIO & QUEBEC LICENCE PREPARATION!

†0% for up to 84 months APR purchase financing is available on all new 2012 Mazda models in stock. 72-month term available on all new 2012 Mazda2, and the 84-month term available on all new 2012 Mazda3 and Mazda3 Sport (excluding GS-SKY models). ‡Dealer Signing Bonuses are available on retail purchase/finance/lease of all new, in-stock 2012 Mazda models (excluding 2012 Mazda3 GX and GS-SKY models) until September 30, 2012. Bonus of $500 applies on 2012 Mazda2. Based on a representative agreement using a finance price of $12,995 for a new 2012 Mazda2 GX at an effective rate of 4.75%, the cost of borrowing for an 84-month term is $2,305.39, monthly payment is $182.15, total finance obligation is $15,300.39. Program incentives provided by Mazda Canada must be added to the down payment requirement of $1,000 for retail financing. Other conditions apply. See Elite Mazda for complete details. RDPRM, license, insurance, taxes, and down payment are extra. Lease and Finance O.A.C. Offers valid until September 30, 2012, while supplies last.

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Actor and father of three daughters.

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